

## Laurie B. Mintz, Ph.D.

### *University Address*

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### *Education, Licensure, & Certification*

Licensure	Licensed Psychologist – California, Florida, and Missouri
Certification	Certified Sex Therapist, 2020 Modern Sex Therapy Institute, Palm Beach Florida  Civil Mediator, State of Missouri and Federal Courts, 2006 Center for Dispute Resolution, School of Law, University of Missouri
Ph.D.	Ohio State University, 1987; Major Field: Psychology Specialization: Counseling Psychology; APA-accredited program
Internship	University of California-Irvine Counseling Center, 1986 Irvine, CA; APA-accredited internship
M.A.	Ohio State University, 1984; Major Field: Psychology Specialization: Counseling Psychology
B.S.	Union College, 1982; Major Field: Psychology Graduated summa cum laude

### *Professional Positions*

**Professor:** Department Psychology, University of Florida, 10/2011-present

**Associate Chair:** Department Psychology, University of Florida, 8/2012-8/2017

**Licensed Psychologist:** Solo Practice

Laurie Mintz, (11/1992-11/1997), Columbia, MO

Center for Family & Individual Counseling (11/1997-8/2012), Columbia, MO.

Laurie B. Mintz, Ph.D., LLC (1/2015-present), Gainesville, FL

**Affiliate Faculty:** Center for Women's & Gender Studies, University of Florida,  
1/2013-present

**Professor:** Department of Educational, School, & Counseling Psychology, University of Missouri, 9/2010-8/2011.

**Grievance Resolution Panel Member:** Academic Grievance Procedure Pilot II, Appointed by MU Faculty Council in consultation with Chancellor, University of Missouri, 1/2009-8/2011 (.25 FTE position).

**Investigating Officer:** Academic Grievance Procedure Pilot I, Jointly appointed by Chancellor and Faculty Council, University of Missouri, 11/2005-6/2009 (.50 FTE position).

**Associate Professor** with tenure (7/1998-8/2010); **Program Director**, APA-accredited Counseling Psychology Program (8/2002-11/2005); **Coordinator**, Practicum & Field Placements (8/1099-11/2005); Department of Educational, School, & Counseling Psychology, University of Missouri.

**Assistant Professor:** Department of Psychological Sciences, University of Missouri. 8/1990-6/1998. (Includes two unpaid maternity leaves during which tenure clock was stopped)

**Affiliated Faculty:** Women's & Gender Studies Department, University of Missouri, 1/1993-8/2011.

**Assistant Professor:** Department of Counseling, University of Southern California. Los Angeles, CA. 9/1987-5/1990.

**Staff Psychologist:** University Counseling Center, University of Missouri, Columbia, MO. 8/1990-6/1993.

**Adjunct Staff Psychologist:** University Counseling Center, University of Missouri, Columbia, MO. 6/1993-8/2011.

**Psychological Assistant:** Fry and Associates, 15707 E. Imperial Hwy., La Mirada, CA, 6/1988-6/1990.

**Practicum Supervisor:** Psychology Clinic, Department of Psychology, Ohio State University, Columbus, OH. 9/1986 - 6/1987.

**Support Group Facilitator:** National Anorexic Aid Society, Center for the Treatment of Eating Disorders, Columbus, OH. 6/1984-6/1985.

**Assistant Director:** Mack-Canfield Residence Hall, Ohio State University, Columbus, OH. 9/1982-6/1983.

**Books, Research, and Scholarly Works****Books**

1. **Mintz, L.B.** (2017). *Becoming cliterate: Why orgasm equality matters – and how to get it*. San Francisco: HarperOne.
  - Recipient of the 2019 *Consumer Book Award* given by the Society for Sex Therapy and Research (SSTAR)
  - Rights for publishing and translating have been sold to publishers in the following countries, with publication dates in parentheses: Australia/New Zealand (2018); UK (2017); Germany (2018); and Russia (2019).
2. **Mintz, L. B.** (2009). *A tired woman's guide to passionate sex: Reclaim your desire and reignite your relationship*. Avon, MA: Adams.

**Published Articles in Scholarly/Professional Journals** (R indicates Refereed; I indicates Invited)

1. Warshowsky, H\*, Mahar, E\*, & **Mintz, L.** (2020). Cliteracy for Him: Effectiveness of Bibliotherapy for Heterosexual Men's Sexual Functioning. *Sexual and Relationship Therapy*. **R**
2. Awad, G.H., Kashubeck-West, S., Bledman, R., Coker, A. D., Stinson, R. D., & **Mintz, L.** (2020). The Role of Enculturation, Racial Identity, and Body Mass Index in the Prediction of Body Dissatisfaction in African American Women. *Journal of Black Psychology*. **R**
2. Mahar, E.A., **Mintz, L.B.**, Akers, B. M. (2020). Orgasm Equality: Scientific Findings and Societal Implications. *Current Sexual Health Reports*, 1-9. **I**
3. Warshowsky, H., Mahar, E., Mosley, D., & **Mintz, L.** (2020). Assessing the Effectiveness of Undergraduate Human Sexuality Courses in Enhancing Women's Sexual Functioning. *Sex Education*, 20, 1-16. **R**
4. Guitelman, J. Mahar, E.A., **Mintz, L.B.** & Dodd, H.E. (2019). Effectiveness of a bibliotherapy intervention for young adult women's sexual functioning, *Sexual and Relationship Therapy*. DOI: 10.1080/14681994.2019.1660761
5. Palaniappan, M., Heatherly, R., **Mintz, L.B.**, Connelly, K., Wimberly, T., Balzer, A.M., Pierini, D., & Vogel-Anderson, K. (2018). Skills vs. pills: Comparative effectiveness for low sexual desire in women. *Journal of Sex and Marital Therapy*, 44, 1-15. **R**
6. Palaniappan, M., **Mintz, L.**, & Heatherly, R. (2016). Bibliotherapy interventions for female low sexual desire: Erotic fiction vs. self-help. *Sexual and Relationship Therapy*, 31, 344-358. **R**
7. Wimberley, T. E., **Mintz, L. B.**, & Suh, H. (2016). Perfectionism and mindfulness: Effectiveness of a bibliotherapy intervention. *Mindfulness*, 7, 433-434. **R**

8. Balzer, A.M & **Mintz, L. B.** (2015). Comparing two books and establishing probably efficacious treatment for low sexual desire, *Journal of Counseling Psychology*, 62, 321-328. **R**
9. Bush, H.E., Rossy, L., **Mintz, L.B.**, & Schopp, L. (2014). Eat for life: A worksite feasibility study of a novel mindfulness-based intuitive eating intervention. *American Journal of Health Promotion*, 28, 380-388. **R**
10. **Mintz, L. B.**, Balzer, A. M., Palaniappan, M., Connelly, K., Vogel Anderson, K., Wimberley, T., Pierni, D. C., & Tremante, C. D. (2013). The treatment of low sexual desire: Comparative efficacy of self-help books, placebo pills, and erotic literature [Abstract]. *Journal of Sexual Medicine*, 10(S5), iii-iv.
11. Kashubeck-West, S., Coker, A. G., Awad, G., Sintson, R. D., Bledman, R., & **Mintz, L. B.** (2013). Do measures commonly used in body image research perform adequately with African American college women? *Cultural Diversity and Ethnic Minority Psychology*, 19, 357-368.
12. **Mintz, L. B.**, Awad, G.H., Stinson, R., Bledman, R., Coker, A., Kashubeck-West, S., & Connelly, K. (2013). Weighing and body monitoring among women: The normative influence of scale number on psychological state. *Journal of College Student Psychotherapy*, 27, 78-91. **R**
13. Bieschke, K. J., & **Mintz, L. B.** (2012). Counseling psychology model training values statement addressing diversity: History, current use, and future directions. *Training and Education in Professional Psychology*, 6, 196-203. **R**
14. **Mintz, L.B.**, Balzer, A., Bush, H, & Zhao, Xinting. (2012). Bibliotherapy for low sexual desire among women: Evidence for effectiveness. *Journal of Counseling Psychology*, 59, 471-478. **R**
15. **Mintz, L. B.**, & Bieschke, K. J. (2009). Counseling psychology model training values statement addressing diversity: Development and introduction to the major contribution. *The Counseling Psychologist*, 37, 634-640. **R**
16. **Mintz, L. B.**, Jackson, A. P, Neville, H. A, Illfelder-Kaye, J., Winterowd, C. L., & Loewy, M. (2009). The need for a counseling psychology model training values statement addressing diversity. *The Counseling Psychologist*, 37, 644-675. **R**
17. Winterowd, C. L., Adams, E. M., Miville, M. L., & **Mintz, L. B.** (2009). Operationalizing, instilling, and assessing counseling psychology training values related to diversity in academic programs. *The Counseling Psychologist*, 37, 676-704. **R**
18. Bieschke, K. J. & **Mintz, L. B.** (2009). Addressing concerns and taking on the third rail. *The Counseling Psychologist*, 37, 772-779. **R**

19. Franko, D. L., Cousineau, T. M., Trant, M., Green, T. C., Rancourt, D., Thompson, D., Ainscough, J., **Mintz, L. B.**, & Ciccazzo, M. (2008). Motivation, self-efficacy, physical activity and nutrition in college students: A randomized controlled trial of an Internet-based education program. *Preventive Medicine, 47*, 369-377. **R**
20. Good, G. E., Khairallah, T., & **Mintz, L. B.** (2009). Wellness and impairment: Moving beyond noble us and troubled them. *Journal of Clinical Psychology: Science and Practice, 16*, 21-23. **R**
21. Kaslow, N. J., Rubin, N. J., Forrest, L., Elman, N. S., Van Horne, B. A; Jacobs, S. C, Huprich, S. K.; Benton, S. A., Pantesco, V. F., Dollinger, S. J., Grus, C. L., Behnke, S. H., Miller, D. S. Shealy, C. N., **Mintz, L. B.**, Schwartz-Mette, R., Van Sickle, K., Thorn, B. E. (2007). Recognizing, assessing, and intervening with problems of professional competence. *Professional Psychology: Research and Practice, 38*, 479-492. **R**
22. Hamilton, E., **Mintz, L. B.**, & Kashubeck-West, S. K. (2007). Predictors of media effects on body dissatisfaction in European American women. *Sex Roles: A Journal of Research, 56*, 397-402. **R**
23. Good, G. E., Schopp, L. H., Thomson, D., Hathaway, S., Sanford-Martens, T., Mazurek, M., & **Mintz, L. B.** (2006). Masculine roles and rehabilitation outcomes among men recovering from serious injuries. *Psychology of Men and Masculinity, 7*, 165-176. **R**
24. Frazier, C., **Mintz, L. B.**, & Mobley, M. (2005). A multidimensional look at religious involvement and psychological well-being among African American college students. *Journal of Counseling Psychology, 52*, 583-590. **R**
25. Kashubeck-West, S. K., & **Mintz, L. B.** (2005). Separating the effects of gender and weight loss desire on body satisfaction and disordered eating behavior. *Sex Roles, 53*, 505-518. **R**
26. Franko, D., **Mintz, L. B.**, Villapiano, M., Green, T, Mainelli, D., Folensbee, L., Butler, S., Davidson, M., Hamilton, E., Little, D., Kearns, M., & Budman, S. (2005). Food, mood, and attitude: Reducing risk for eating disorders in college women. *Health Psychology, 24*, 567-578. **R**
27. **Mintz, L. B.**, & Kashubeck, S. (2004). Trastornos de la conducta alimentaria en mujeres: Evaluación y Cuestiones del Autoinforme Cultural. *Psicología Conductual, 12* (3), 385-414. [Translated Title: Eating disordered behavior in women: Transcultural self-report assessment and issues]. **I**
28. Jackson, B., Cooper, M. L., **Mintz, L. B.**, & Albino, A. (2003). Motivations to eat: Scale development and validation. *Journal of Research in Personality, 37*, 297-318. **R**
29. Share, T., & **Mintz, L. B.** (2002). Eating disorders and body-image among lesbian and heterosexual women. *Journal of Homosexuality, 42*, 89-106. **R**

30. Kashubeck-West, S., **Mintz, L. B.**, & Saunders, K. (2001). Assessment of eating disorders among women. *The Counseling Psychologist*, *29*, 662-694. **R**
31. Kashubeck-West, S., & **Mintz, L. B.** (2001). Eating disorders in women: Etiology, assessment, and treatment. *The Counseling Psychologist*, *29*, 627-634. **R**
32. Mulholland, A. M., & **Mintz, L. B.** (2001). Prevalence of eating disorders among African American women. *Journal of Counseling Psychology*, *48*, 111-116. **R**
33. Good, G. E., & **Mintz, L. B.** (2000). Gender and sex in counseling and psychotherapy. *Sex Roles: A Journal of Research*, *43*, 419-421. **R**
34. **Mintz, L. B.**, & O'Halloran, S. E. (2000). The Eating Attitudes Test: Validation with DSM-IV eating disorder criteria. *Journal of Personality Assessment*, *74*, 489-503. **R**
35. **Mintz, L. B.**, & Kashubeck, S. K. (1999). Body-image and disordered eating among Asian American and Caucasian college students. *Psychology of Women Quarterly*, *23*, 781-796. **R**
36. **Mintz, L. B.** (1999). The healing power of children's metaphors. *Voices: The Art and Science of Psychotherapy*, *35*, 35-39. **R**
37. Hanson, K. M., & **Mintz, L. B.** (1997). Psychological health and problem-solving self-appraisal in older adults. *Journal of Counseling Psychology*, *44*, 433-441. **R**
38. Brock, K. J., **Mintz, L. B.**, & Good, G. E. (1997). Differences among sexually abused and nonabused women from functional and dysfunctional families. *Journal of Counseling Psychology*, *44*, 425-432. **R**
39. **Mintz, L. B.**, O'Halloran, S. M., Mulholland, A. M., & Schneider, P. A. (1997). Questionnaire for Eating Disorder Diagnoses: Reliability and validity of operationalizing DSM-IV criteria into a self-report format. *Journal of Counseling Psychology*, *44*, 63-79. **R**
40. Stout, M. L., & **Mintz, L. B.** (1996). Differences among nonclinical college women with alcoholic mothers, alcoholic fathers, and nonalcoholic parents. *Journal of Counseling Psychology*, *43*, 466-472. **R**
41. Thelen, M. H., **Mintz, L. B.**, & Vander Wal, J. S. (1996). The Bulimia Test-Revised: Validation with DSM-IV criteria for bulimia nervosa. *Psychological Assessment*, *8*, 219-221. **R**
42. Kashubeck, S., & **Mintz, L. B.** (1996). Eating disorder symptomatology and substance use in college females. *Journal of College Student Development*, *37*, 396-404. **R**
43. **Mintz, L. B.**, Bartles, K. M., & Rideout, C. A. (1995). Training in counseling ethnic minorities and race-based availability of graduate school resources. *Professional Psychology: Research and Practice*, *26*, 316-321.

44. **Mintz, L. B.**, Kashubeck, S., & Tracy, L. S. (1995). Relations among parental alcoholism, eating disorders, and substance abuse in nonclinical college women: Additional evidence against the uniformity myth. *Journal of Counseling Psychology, 42*, 65-70. **R**
45. Betz, N. E., **Mintz, L. B.**, & Speakmon, G. (1994). Gender differences in the accuracy of self-reported weight. *Sex Roles: A Journal of Research, 30*, 543-551. **R**
46. **Mintz, L. B.**, Rideout, C. A., & Bartles, K. M. (1994). A national survey of interns' perceptions of their preparation for counseling women and of the atmosphere of their graduate education. *Professional Psychology: Research and Practice, 25*, 221-227. **R**
47. Good, G. E., & **Mintz, L. B.** (1993). Toward healthy conceptions of masculinity: Clarifying the issues. *Journal of Mental Health Counseling, 15*, 403-413. **R**
48. Mintz, L. B. (1993). What makes me not "new"? A reaction to Staab. *The Counseling Psychologist, 21*, 316-319. **R**
49. **Mintz, L. B.** (1992). Assistant professor: Paranoid or self-preserving? *The Counseling Psychologist, 20*, 39-46. **R**
50. Good, G. E., & **Mintz, L. B.** (1990). Gender role conflict and depression in college men: Evidence for compounded risk. *Journal of Counseling and Development, 69*, 17-21. **R**
51. **Mintz, L. B.**, & O'Neil, J. M. (1990). Gender roles, sex, and the process of psychotherapy: Many questions and few answers. *Journal of Counseling and Development, 68*, 381-387. **R**
52. Good, G. E., Dell, D. M., & **Mintz, L. B.** (1989). Male role and gender role conflict: Relations to help seeking in men. *Journal of Counseling Psychology, 36*, 295-300. **R**
53. **Mintz, L. B.**, & Betz, N. E. (1988). Prevalence and correlates of eating disordered behaviors among undergraduate women. *Journal of Counseling Psychology, 35*, 463-471. **R**
54. McCaulay, M. C., **Mintz, L. B.**, & Glenn, A. G. (1988). Body image, self-esteem, and depression-proneness: Closing the gender gap. *Sex Roles: A Journal of Research, 18*, 381-391. **R**
55. **Mintz, L. B.**, & Betz, N. E. (1986). Sex differences in the nature, realism, and correlates of body image. *Sex Roles: A Journal of Research, 15*, 185-195. **R**

### **Book Chapters**

1. **Mintz, L.B.**, & Guitelman, J. (2020). Orgasm disorders in women. In Binik, Y.M, & Hall, K.S. (Eds), *Principles and Practices of Sex Therapy*, 6<sup>th</sup> ed. (pp. 109-133). New York: Guilford.

2. **Mintz, L.B.**, Sanchez, J., & Heatherly, R. (2017). Treating lack of sexual passion in relationships. In Z. Peterson (Ed.) *The Wiley Blackwell Handbook of Sex Therapy* (pp. 143-162). Hoboken, N.J.: Wiley.
3. **Mintz, L. B.**, & Tager, D. (2012). Feminist therapy with boys and men. In C. Zerbe Ennes & E. Nutt Williams (Eds.) *The Oxford handbook of multicultural feminist counseling psychology* (pp. 322– 338). New York: Oxford University Press.
4. **Mintz, L. B.** (2010). Going beyond boundaries: A five-minute call provokes palpable and profound change. In M. Trotter, J. Koch, S. Sanger, & T. Skovholt (Eds.) *Voices from the field: Defining moments in counselor development* (pp. 226-228). New York: Routledge.
5. **Mintz, L. B.**, Hamilton, E., Bledman, R., & Franko, D. (2008). Preventing eating and weight-related disorders: Towards an integrated best practices approach. In R. Brown & S. Lent (Eds.), *Handbook of Counseling Psychology* (4<sup>th</sup> ed., pp. 570-587). Hoboken, N.J.: Wiley.
6. McCloskey, C. M., & **Mintz, L. B.** (2006). A culturally-oriented approach for career counseling with Native American women. In M. Heppner & W. Walsh (Eds.), *Career counseling for women* (2<sup>nd</sup> ed., pp. 315-350). Hillsdale, NJ: L. Erlbaum.
7. Good, G. E., & **Mintz, L. B.** (2001). Integrative therapy for men. In G. Brooks & G. Good (Eds.), *The new handbook of psychotherapy and counseling with men: A comprehensive guide to settings, problems, and treatment approaches* (Vol. II, pp. 582-602). San Francisco: Jossey-Bass.  
  
 Republished in: Good, G. E., & **Mintz, L. B.** (2005). Integrative therapy for men. In G. Good & G. Brooks (Eds.), *The new handbook of psychotherapy and counseling with men: A comprehensive guide to settings, problems, and treatment approaches*, (Revised & abridged ed., pp. 248-263). San Francisco: Jossey-Bass.
8. **Mintz, L. B.**, & Wright, D. M. (1992). Women and their bodies: Eating disorders and addictions. In E. Cook (Ed.), *Women, relationships, and power: Implications for counseling* (pp. 211-246). Alexandria, VA: American Counseling Association.

### **Grant Activities**

1. **Principal Investigator:** PI on a grant subcontract from Innovative Training Systems titled Efficacy of a College Nutrition Website funded by the National Institute of Health. Subcontract funded for \$7,050 from 8/1/2005-7/31/2006.
2. **Co-Principle Investigator:** Co-PI on grant titled Evaluation of a Nutritional Health Information CD-ROM for College Women funded by the National Institute of Health for \$978,734 from 9/1/2000-8/30/2002.



3. **Principal Investigator:** PI on a grant subcontract from Innovative Training Systems titled Evaluation of a Nutritional Health Information CD-ROM for College Women funded by the National Institute of Health. Subcontract funded for \$94,561 from 6/1/2001-8/30/2002.
4. **Principle Investigator:** PI on grant titled Further Validation of an Eating Disorder Inventory funded by the University of Missouri Research Board for \$38,076 on 7/1/1996.
5. **Co-Principal Investigator:** Co-PI on grant proposal titled Disordered Eating in Active-duty Navy Women: Prevalence and Relations to Weight and Fitness Standards submitted to the U.S. Department of Defense Women's Health Research Program for \$179,876. This proposal received a priority score indicating strong support, but was unfunded. 10/1996.
6. **Principal Investigator:** PI on a grant titled The Weight Management Questionnaire: Validation of an eating disorder inventory from the University of Missouri Research Council funded for \$2,450 on 5/1/1994.
7. **Principal Investigator:** PI on a grant titled Quantitative and Qualitative Differences in Patients' Perceptions of the Psychotherapeutic Change Process When in Treatment With Expert Versus Novice Therapists awarded by the University of Missouri Research Council for \$2,200 awarded on 5/1/1994.
8. **Principal Investigator:** PI on a grant titled Quantitative and Qualitative Differences in Patients' Perceptions of the Psychotherapeutic Change Process when in Treatment with Expert Versus Novice Therapists from the Summer Research Fellowship of the University of Missouri funded for \$4,000 from 5/10/1994-8/17/1994.
9. **Principal Investigator:** PI on a grant titled Principles Concerning Counseling of Women: Is Counselor Education Adequate? from the Educare Research Council of the University of Southern California funded for \$1,500 on 4/30/1988.
10. **Consultant:** Consultant to grant titled Development of a Nutritional Health Information CD-ROM for College Women funded by the National Institute of Health, Principal Investigators S. Budman & S. Butler, 4/28/1999-5/2000.

Presentations to Professional Audiences (includes presentations given for CE credit)

1. **Mintz, L.** (2020, November). Treating the Two Most Common Female Sexual Complaints: Orgasm Issues and Diminished Desire. Presentation made via webinar for the Modern Sex Therapy Institute. **(CE credits given to attendees).**
2. **Mintz, L.** (2020, September). Low Desire and Orgasm Concerns Among Women: Causes and Treatment Strategies. Presentation made via webinar for the Bay Area Chapter of the Florida Psychological Institute. **(CE credit given to attendees).**

3. **Mintz, L.** & Guitelman, J. (2019, October). The Orgasm Gap in America: Statistics, Sources, Sequela, and Solutions. Paper presented at in K. Hall (Chair), *The Privileging of Sexual Pleasure: Closing the Gender and Age Gap*. 24<sup>th</sup> Congress of the World Association for Sexual Health, Mexico City, Mexico.
4. Mintz, L. (2019, April) *Becoming Cliterate: Cultural and Clinical Strategies for Orgasm Equality*. Invited Plenary Address given at the 44<sup>th</sup> Annual Conference of the Society for Sex Therapy and Research, Toronto, Canada. (CE credit given to attendees).
5. **Mintz, L.** (2018, November). *Solutions for Female Orgasm Problems: Helping Clients Become Cliterate*. Presentation made simultaneously and via webinar for the American Psychological Association Clinician's Corner (**CE credit given to attendees and still available for purchase [here](#)**).
6. Guitelman, J. & Mintz, L. (2018, November). *Effectiveness of bibliotherapy for young adult women's sexual pleasure and sexual well-being*. Poster presented at the annual meeting of The Society for the Scientific Study of Sexuality, Montreal, Canada.
7. **Mintz, L.** (2018, August). Empowering young adult women to experience sexual pleasure. Paper presented in L. Mintz (Chair), *Women's Sexuality Across the Lifespan—Integrating Science and Practice*. Symposium presented at the annual meeting of the American Psychological Association, San Francisco (**CE credit given to attendees**).
8. **Mintz, L.** (2018, June). The orgasm gap in heterosexual, cis-gender sex: Causes and solutions. Paper presented in L. Mintz (Chair), *Ending the Intercourse Discourse: Elevating and Enhancing Pleasure for People with Clitorises*. Symposium presented at the 50<sup>th</sup> Annual American Association of Sex Counselor, Therapists, and Educators Conference, Denver. (**CE credit given to attendees**).
9. **Mintz, L.** (2018, February), *Solutions for female orgasm problems: Helping clients become cliterate*. Presentation made via webinar to the Utah Chapter of the American Association of Sex Therapists, Educators, and Counselors Convention. (**CE credit given to attendees**)
10. **Mintz, L.** (2017, September). *Becoming cliterate: Why orgasm equality matters—and how to get it*. Presentation made to the Arizona Chapter of the Association of Sex Counselor, Therapists, and Educators Conference. (**CE credit given to attendees**)
11. **Mintz, L.** (2017, May). *Solutions for female orgasm problems: Helping clients become cliterate*. Presentation made to the North Central Chapter of the Florida Psychological Association. (**CE credit given to attendees**)
12. **Mintz, L.** (2017, June). PLISSIT for passion. Paper presented in Z. Peterson (Chair), *Updating Traditional Sex Therapy Approaches for Contemporary Sex Therapy*. Symposium presented at the 49<sup>th</sup> Annual American Association of Sex Counselor, Therapists, and Educators Conference, Los Vegas, NV. (**CE credit given to attendees**)

13. **Mintz, L.** (2017, June). The clitoris: Knowledge lost. Paper presented in L. Mintz (Chair), *The Clitoris: Past, Present, and Future*. Symposium presented at the 49<sup>th</sup> Annual American Association of Sex Counselor, Therapists, and Educators Conference, Las Vegas, NV. **(CE credit given to attendees)**.
14. **Mintz, L.** (August, 2014). Enhancing wellness via media: Lessons learned and a call for counseling psychologists. Paper presented in B. H. French & J. L. Hogg (Chairs), *Expanding our reach—Building media skills for counseling psychologists*. Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.
15. Winterowd, C., Adams, E., Miville, M., & **Mintz, L.** (March, 2014). Operationalizing, instilling, and assessing counseling psychology training values in academic programs to serve a diverse public. In K. Bieschke (Chair), *Is it time to retire the values statement?* Symposium presented at the 2014 Counseling Psychology Conference, Atlanta, GA.
16. Bieschke, K., & **Mintz, L.** (March, 2014). Training values statements addressing diversity: History, current use, and a call to move forward. In K. Bieschke (Chair), *Is it time to retire the values statement?* Symposium presented at the 2014 Counseling Psychology Conference, Atlanta, GA.
17. **Mintz, L.** (March, 2014). Giving psychology away. Paper presented in K. Oh & B. French, *How to talk to the media: Bringing counseling psychology to the world?* Symposium presented at the 2014 Counseling Psychology Conference, Atlanta, GA.
18. Palaniappan, M., Connelly, K., Wimberley, T., Anderson, K., **Mintz, L.**, Balzer, A., Tremante, C., & Pierni, D. (November, 2013). *Intervention for low sexual desire in women*. Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality, San Diego, CA.
19. **Mintz, L. B.**, Balzer, A. M., Palaniappan, M., Connelly, K., Vogel Anderson, K., Wimberley, T., Pierni, D. C., & Tremante, C. D. (September, 2013). *The treatment of low sexual desire: Comparative efficacy of self-help books, placebo pills, and erotic literature*. Poster presented at the 21<sup>st</sup> Congress of the World Association for Sexual Health, Porto Alegre, Brazil.
20. Benton, S. A., Lee, G., **Mintz, L.**, Slagle, C., Travers, M.F., Good, G., Connolly, K., & Neely, J. (2013, August). *Therapist assisted on-line cognitive behavioral treatment for anxiety (TAI-CBT)*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.
21. **Mintz, L.** (2013, June). Evidence-based strategies for promoting sexual health and healthy sexual relationships. Paper presented at *The People's Scientific Conference to Promote Health and Eliminate Health Disparities*. Gainesville, FL. **(CE credit given to attendees)**

22. Mintz, L. (2012, April). *Low sexual desire: Causes and treatment strategies*. Presentation made to the North Central Chapter of the Florida Psychological Association. **(CE credit given to attendees)**
23. Bush, H., Rossy, L., **Mintz, L.**, Thompson, R., & Schopp, L. (2012, April). *A wait-list controlled clinical trial of a mindfulness-based eating intervention in a workplace setting*. Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
24. Bieschke, K. J., & **Mintz, L.B.** (2011, August). Training values statement: A guide for when values clash. In Forrest, L., & Behnke, S. (Co-chairs). *Negotiating diversities: Religion and sexual orientation*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
25. **Mintz, L.B.** (2010, August). *Low sexual desire: Causes and treatments*. Presentation given at the Women's Health Symposium, sponsored by the MU School of Medicine, Continuing Medical Education, Lake Ozark, MO. **(CE credit given to attendees)**
26. **Mintz, L.B.**, Balzer, A., & Bush, H. (2010, June). *Bibliotherapy for low sexual desire among women: Evidence for effectiveness*. Poster presented at the 2010 Annual AASECT Convention, Philadelphia, PA.
27. **Mintz, L.**, Balzer, A., & Bush, H. (2010, August). *Bibliotherapy for low sexual desire among women: Evidence for effectiveness*. Poster presented at the 2010 Annual APA Convention, San Diego, CA.
28. Balzer, A., Bush, H., Vassmer, S., **Mintz, L.**, & Atkinson, M. (2009, June). *Sexual behaviors and satisfaction among college women*. Poster presentation at Missouri Psychological Association. Lake Ozark, MO.
29. **Mintz, L. B.**, Awad, G. H., Hix, R., Bledman, R. A., Coker, A. D., & Kashubeck-West, S. (2008, August). *Weighing and body-monitoring behaviors among women and their psychological impacts*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
30. Awad, G., Bledman, R. A., Coker, A. D., Hix, R., Kashubeck-West, S. & **Mintz, L. B.** (2008, August). *The effect of acculturation on African-American body image*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
31. Kashubeck-West, S., Coker, A. D., Awad, G., Hix, R., Bledman, R.A., & **Mintz, L. B.** (2008, August). *Psychometric evaluation of body image measures in African American women*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.

32. **Mintz, L. B.**, & Bieschke, K. (Chairs). (2008, March). *Counseling psychology model training values statement addressing diversity*. Invited symposium conducted at the International Counseling Psychology Conference, Chicago, IL.
33. Jackson, A., **Mintz, L. B.**, & Neville, H. A. (2008, March). The need for a counseling psychology model training values statement addressing diversity. In L. Mintz and K. Bieschke (Chairs), *Counseling psychology model training values statement addressing diversity*. Symposium conducted at the International Counseling Psychology Conference, Chicago, IL.
34. **Mintz, L. B.**, & Bieschke, K. (2008, March). Discussants in E. Adams (Chair), *Voices in the wilderness: Religious, gay-affirming counseling psychologists*. Symposium conducted at the International Counseling Psychology Conference, Chicago, IL.
35. Tagger, L., **Mintz, L. B.**, & Kashubekck-West, S. K. (2008, March). *Eating disorders NOS: The nature and treatment*. Invited continuing education workshop conducted at the International Counseling Psychology Conference, Chicago, IL.
36. **Mintz, L. B.** (2006, August). Facilitating the development of counselors-of-color as a White practicum instructor. In R. Rosales (Chair), *Culture, ethnic identity and racial/ethnic counselors in training*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.
37. **Mintz, L. B.** (2005, August). Discussant in D. Espelage (Chair), *Eating disorders among female college students: Applications of innovative research methodologies*. Symposium conducted at the 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, D.C.
38. Hamilton, E., & **Mintz, L. B.** (2004, July). *Objectified body consciousness as a predictor of media effects*. Poster presented at the 112<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu of the American Psychological Association, Honolulu, HI.
39. McCloskey, C., & **Mintz, L. B.** (2004, July). *A culturally oriented approach for career counseling with Native American women*. Poster presented at the 112<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, HI.
40. Green, T. C., Mainelli, D., Folensbee, L., Butler, S. F., Villapiano, M., Franko, D., & **Mintz, L. B.** (2004, November). *Efficacy of a multimedia prevention education program for reducing risk for eating disorders in college women*. Paper presented at the 132<sup>nd</sup> annual meeting of the American Public Health Association, Washington, D.C.
41. Franko, D., **Mintz, L. B.**, Villapiano, M., Green, T. C., Mainelli, D., Folensbee, L., Butler, S. F., Davidson, M., Hamilton, E., Little, D., Budman, S. H. (2003, October). *Effectiveness of a multimedia program for preventing eating disorders*. Poster presented at the annual meeting of the Eating Disorders Research Society, Ravello, Italy.

42. Villapiano, M., Franko, D., Cousineau, T., Goldstein, M., Folensbee, L., Rosenthal, E., Mainelli, D., & **Mintz, L. B.** (2003, March). *Innovations in eating disorder prevention: How multimedia tools can enhance your clinical work*. Paper presented at the Massachusetts Eating Disorder Association, 8<sup>th</sup> National Conference, Brandeis University, Waltham, MA.
43. Jackson, B., Cooper, M. L., Albino, A., **Mintz, L. B.** (2000, October). *Motives for eating: Scale development and validation*. Paper presented at the American Psychological Association Women's Health Conference, Washington, D.C.
44. Enns, C., & **Mintz, L. B.** (2000, August). *Ask the experts: Advancing the careers of women in academia*. Paper presented at the Annual Convention of the American Psychological Association, Washington, D.C.
45. Frazier, C., & **Mintz, L. B.** (2000, August). *Religious involvement and psychological well-being among elderly African-Americans*. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.
46. Share, T., & **Mintz, L. B.** (2000, August). *Differences between lesbians and heterosexual women in body-related attitudes*. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.
47. Gormley, G., Simon, G., Boyer, M., & **Mintz, L. B.** (2000, March). *Ethical practice: The role of self-care in maintaining balance*. Paper presented at the annual meeting of the Association of Women in Psychology, Salt Lake City, UT.
48. **Mintz, L. B.** (1999, November). *Dealing with difficult people*. Presentation given at the annual Midwest Perioperative Nursing Conference, Columbia, MO. **(CE credit given to attendees)**
49. **Mintz, L. B.** (1999, October). *Dealing effectively with the challenging student/employee*. Presentation given at the annual Midwest Regional Nursing Education Conference, Columbia, MO. **(CE credit given to attendees)**
50. **Mintz, L. B.** (1999, August). *Seeking tenure: Skills and strategies*. Invited skill development workshop presented at the Annual Convention of the American Psychological Association, Boston, MA.
51. **Mintz, L. B.** (1999, May). *Dealing with difficult people*. Presentation given at the 2<sup>nd</sup> annual meeting of Office and Clinic Nurses, Columbia, MO. **(CE credit given to attendees)**
52. **Mintz, L. B.** (1999, March). *Women's body-image*. Keynote address given for Women's History Month Celebration, Westminster College, Fulton, MO.
53. **Mintz, L. B.** (1998, November). *Assessment and prevention of disordered eating*. Invited colloquium, Department of Psychology, Texas Tech University, Lubbock, TX.

54. Goodyear, R. K., Smart, R., Allison, R. D., & **Mintz, L. B.** (1998, August). *Bulimic behaviors and weight concerns: Black, Anglo, and Latina adolescents*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
55. **Mintz, L. B.**, & Fassinger, R. E. (1997, August). *Feminist tales of the 1980s*. In R. Nutt (Chair), *Many faces of feminist psychology*. Symposium conducted at the Annual Convention of the American Psychological Association, Chicago, IL.
56. **Mintz, L. B.** (1997, August). Having it all: Myth or reality for women in academe? In M. B. Buckman (Chair), *Looking ahead - Career planning*. Symposium conducted at the Annual Convention of the American Psychological Association, Chicago, IL.
57. **Mintz, L. B.**, & O'Halloran, S. (1997, August). *The validity of the Eating Attitudes Test for DSM-IV eating disorders*. Poster presented at the Annual Convention of the American Psychological Association, Chicago, IL.
58. Kashubeck, S. K., & **Mintz, L. B.** (1997, August). *Gender and body-image in people wanting to lose weight*. Poster presented at the Annual Convention of the American Psychological Association, Chicago, IL.
59. Kashubeck, S. K., & **Mintz, L. B.** (1997, August). *Body-image and disordered eating among Asian American and Caucasian college students*. Poster presented at the Annual Convention of the American Psychological Association, Chicago, IL.
60. O'Halleron, S. M., & **Mintz, L. B.** (1997, August). *The Questionnaire for Eating Disorder Diagnoses: An inventory for diagnosing eating disorders*. Poster presented at the meeting of the 5<sup>th</sup> European Congress of Psychology, Dublin, Ireland.
61. Vander Wal, J., Thelen, M. H., & **Mintz, L. B.** (1996, August). *The Bulimia Test-Revised: Validation with DSM-IV criteria for bulimia nervosa*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
62. **Mintz, L. B.**, O'Halleron, S. M., & Mulholland, A. (1996, August). *The Weight-Management Questionnaire-IV: A DSM-IV eating disorder continuum questionnaire*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
63. Kashubeck, S. K., **Mintz, L. B.**, & Tracy, L. S. (1993, August). *Parental alcoholism, substance abuse, and eating disorders in college females*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
64. **Mintz, L. B.**, & Kashubeck, S. (1992, February). *Issues in feminist therapy for eating disordered clients with a history of sexual abuse*. Paper presented at the annual meeting of the Association for Women in Psychology, Long Beach, CA.

65. **Mintz, L. B.**, (1991, August). Discussant in L. Kramer (Chair), *The scientist-practitioner model and graduate school: Different for women and men?* Symposium conducted at the Annual Convention of the American Psychological Association, San Francisco, CA.
66. **Mintz, L. B.**, & Farmer, H. (1989, August). Careers in academia. In S. Gyorky (Chair), *Up the ladder: Career advancement for women in counseling psychology*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.
67. **Mintz, L. B.** (1989, August). Nonspecific eating disorders in two universities: Evidence for an epidemic. In L. Mintz (Chair), *Eating disorders: Clinically defined pathology as empirically normative behavior*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.
68. **Mintz, L. B.** (Chair). (1989, August). *Eating disorders: Clinically defined pathology as empirically normative behavior*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.
69. **Mintz, L. B.**, & Rideout, C. R. (1989, August). *Counseling women: What are students being taught?* Paper presented at the Annual Convention of the American Psychological Association, New Orleans, LA.
70. Good, G., Dell, D., & **Mintz, L. B.** (1988, August). Gender role conflict and help-seeking in men. In J. O'Neil & G. Good (Co-Chairs), *Men's gender role conflict: Definitions, case study, and three empirical studies*. Symposium conducted at the Annual Convention of the American Psychological Association, Atlanta, GA.
71. **Mintz, L. B.** (1988, August). Assistant professor: Paranoid or self-preserving? In E. Watkins (Chair), *New professionals in counseling psychology: The first years out*. Symposium conducted at the Annual Convention of the American Psychological Association, Atlanta, GA.
72. Good, G., **Mintz, L. B.**, & Pollard, J. (1988, April). *Counseling men: Unlocking the white knight's armor*. Paper presented at the annual meeting of the American College Personnel Association, Miami, FL.
73. **Mintz, L. B.** (1988, February). Eating disorders, body-image and sex roles: Three studies. In L. Mintz (Chair), *Research on gender issues in college students: Integration and implementation*. Symposium conducted at the meeting of the California State Psychological Association, Coronado, CA.
74. **Mintz, L. B.** (Chair). (1988, February). *Research on gender issues in college students: Integration and implementation*. Symposium conducted at the meeting of the California State Psychological Association, Coronado, CA.



75. Bander, R., Kantorowski, L., & **Mintz, L. B.** (1988, January). *Implementing Division 17's principles for counseling women*. Paper presented at the meeting of the Counseling Psychology Far West Region, Los Angeles, CA.
76. Good, G., & **Mintz, L. B.** (1987, November). *Gender issues: Sensitizing students via supervision and coursework*. Paper presented at the annual meeting of the Western Association for Counselor Education and Supervision, Portland, OR.
77. **Mintz, L. B.**, & Good, G. (1987, November). *Experiential coursework in counseling supervision: Ethical issues*. Paper presented at the annual meeting of the Western Association for Counselor Education and Supervision, Portland, OR.
78. **Mintz, L. B.**, (1987, August). *Body-image and self-esteem: Are eating disordered women normative?* Paper presented at the Annual Convention of the American Psychological Association, New York.
79. Pats, B., **Mintz, L. B.**, & Davis, F. (1987, March). *Jewish identity development in women*. Paper presented at the annual meeting of the Association for Women in Psychology, Denver, CO.
80. **Mintz, L. B.**, Davis, F., & Pats, B. (1987, March). *Working with eating disordered clients: Therapist and supervisor issues*. Paper presented at the annual meeting of the Association for Women in Psychology, Denver, CO.
81. **Mintz, L. B.**, & Koepping, G. R. (1987, March). *Improving women's body image: No small task*. Paper presented at the annual meeting of the American College Personnel Association and National Association of Student Personnel Administrators, Chicago, IL.
82. **Mintz, L. B.**, Good, G., & Rowe, D. (1987, March). *Relationships and intimacy: Helping college students through a complex developmental task*. Paper presented at the annual meeting of the American College Personnel Association and National Association of Student Personnel Administrators, Chicago, IL.
83. Koepping, G. R., & **Mintz, L. B.** (1986, March). *Formation and facilitation of incest survivor support groups in a university counseling center*. Paper presented at the annual meeting of the Association for Women in Psychology, Oakland, CA.
84. Good, G., **Mintz, L. B.**, & Koepping, G. R. (1986, March). *Reducing rape: A workshop for intervening with women and men, separately and together*. Paper presented at the annual meeting of the Association for Women in Psychology, Oakland, CA.
85. **Mintz, L. B.**, & Koepping, G. R. (1986, March). *Compulsive overeating, body-image, and women: An intensive weekend healing retreat*. Paper presented at the annual meeting of the Association for Women in Psychology, Oakland, CA.
86. **Mintz, L. B.** (1985, October). *Working with eating disordered clients in a university setting*. Paper presented at the meeting of the Organization of Counseling Center Directors in Higher Education, Bakersfield, CA.

87. **Mintz, L. B.,** McCauley, M., & Glenn, A. (1985, August). *Body-image, self-esteem, sex-role ideology, and depression-proneness in female and male college students: Implications for clinical and community work*. Paper presented at the annual meeting of the National Women's Studies Association Conference, Seattle, WA.

### **Presentations to Lay Audiences**

1. *Becoming Cliterate: Why Orgasm Equality Matters—And How To Get It*. Presentation given to multiple audiences including (but not limited to):
  - a) Over 200 students, University of California Los Angeles attending performance titled, “Becoming Cliterate: A conversation with Rachel Bloom and Laurie Mintz, September 2019.
  - b) Over 400 attendees at ShalisFest, an online international conference sponsored by the Shalis Institute May 2019
  - c) Over 30 women attending an intimate dinner event sponsored by Happy Women Dinners, April 2019.
  - d) Over 1,000 audience members attending the **TEDx** Conference, University of Florida Performing Arts Center, April 2019.
  - e) Over 100 students, Harvard University (Keynote for Annual Sex Week), May 2019.
  - f) Over 120 residents of Gainesville Florida (sponsored by Civic Media Center, Wild Iris Books, UF Department of Psychology, and UF Center for Women’s, Gender, & Sexuality Research), May 2017.
  - g) Over 50 students, Union College (sponsored by Womyn’s Union), May 2017
  - h) Over 75 Webinar Attendees (sponsored by Center for Healthy Sex, Los Angeles, CA), August 2017
  - i) Over 150 students, University of Florida (sponsored by UF Department of Psychology and UF Center for Women’s, Gender, & Sexuality Research), September 2017.
  - j) Over 75 attendees, Amber Rose Foundation OPENed Conference, Los Angeles, CA, September 2017.
  - k) Over 35 residents of Tucson, AZ (sponsored by Antigone Books & Dusty Monk Pub), October 2017.
  - l) Various UF student groups, University of Florida: Neuroscience Club (Feb. 2017, approx. 100 attendees); Students in freshman residence hall (Sept. 2017, approx. 60 attendees); and the following courses: Abnormal Psychology (April 2017, 75 students), Close Relationships (April 2017, 60 students), and Human Sexuality in Anthropology (Oct. 2017, November 2018, 400+ students).
  
2. *Overcoming Orgasm and Desire Issues*. Presentation made via webinar to a lay audience in the Netherlands, sponsored by VLAM Magazine, December 2020.
  
3. *The Fetal Position: Q+ A with a Sexpert*. Part of a performance delivered to over 150 audience members attending performance featuring myself and five women stand-up comedians at Dynasty Typewriter Theater, Los Angeles, sponsored by Planned Parenthood of Los Angeles, January 2020.

4. *Ask the SEXpert, Sex in the Swamp*. Part of a four-person, hour-long SEXpert panel for campus educational event in which over 150 students asked anonymous question via a phone application. Sponsored by University of Florida Student Health Care Center and Alpha Lambda Chapter of Eta Sigma Gamma. Gainesville, Florida, February 2018.
5. *Cupid Consent Week: Becoming Cliterate (Getting Pleasure & Giving Consent)*. Presentation given to over 20 students at the University of Florida as part of Cupid's Consent Week, sponsored by GatorWell's STRIVE (Sexual Trauma Interpersonal Violence Education), UF Women's Student Association, and Planned Parenthood Generation Action UF. Gainesville, Florida, February 2018.
6. *No Faking It: An Open Forum on Sexuality*. Presentation given to over 50 sorority and fraternity members at the University of Florida. Gainesville, FL, November 2017.
7. *The Power of Words: How Communicating Better Can Change Your Life*. Presentation given to over 500 adults attending One Day University, St. Petersburg, Florida, November 2016.
8. *Let's Talk About Sex!* Presentation given to 100 students in the Psychology Club at the University of Florida, April 2014.
9. *Girls Night Out: A Conversation with Laurie Mintz*. Presentation given to 30 women at the Little Vineyards Winery, Sonoma, CA, October 2012.
10. *Sexual Passion in Mid-Life: Why It's Important & What You Can Do To Achieve It*. Presentation given to 50 adult member of the Inside Edge Organization, Irvine, CA, February 2012.
11. *Sex Tips for Tired Moms*. Presentation given to 40 members of the San Francisco Mom's Club, Belmont, CA, September 2011.
12. *No Time or Energy for Sex? Tips for Moms-of-Multiples*. Presentation given to 25 members of the Mothers-of-Multiples Club, Columbia, MO, September 2011.

### ***Popular Press Essays and Media Appearances***

#### **Blog**

**Mintz, L.** (2010, June-present). *Stress and sex: Providing scientifically-accurate and sex-positive information to enhance sexual pleasure*. PsychologyToday.com. [Over 2,732,905 hits to date].

#### **Essays in the Popular Press**

1. **Mintz, L.** (March, 2018). Want better sex? Try getting better sleep. *The Conversation* (and reprinted in various national and international outlets, including but not limited to: CBS News, Philly.com, Popsugar, Business Insider, Daily Mail, the UK Sun and also translated for Russian and Italian outlets).

2. **Mintz, L.** Picking up where the sexual revolution left off: The orgasm gap. *The Conversation* (and reprinted in various national and international outlets, including but not limited to: the Daily Beast, Phylly.com, and the Chicago Tribune and also translated for an Indonesian outlet).
3. **Mintz, L.** (November, 2017). Training the sex organ between your ears: Sex-positive thinking. Sustain Natural.com (and Reprinted in zine.talktabu.com, January 2018)
4. **Mintz, L.** (October, 2017). Mindful sex is mind-blowing sex. zine.talktabu.com.
5. **Mintz, L.** (August, 2017). Orgasms: 101. zine.talktabu.com.
6. **Mintz, L.** (2017, July). Tired of boring sex? Tips for mind blowing orgasms from hot new book, *Becoming Cliterate*, UK Sun.
7. **Mintz, L.** (2011, March). Trysts: Just do it, Adams Media.com
8. **Mintz, L.** (2011, March). How to tell your husband he's bad in bed. Galttime.com
9. **Mintz, L.** (2011, January). Guest post: A tired woman's guide to passionate sex. Ciomom.com
10. **Mintz, L.** (2010, December). A tired mom's guide to passionate sex: Six sexy guidelines to try today! Mampedia.com
11. **Mintz, L.** (2010, November). Tired moms CAN have passionate sex, CafeMom.com.
12. **Mintz, L.** (2010, January). Making time for love, Essence.com
13. **Mintz, L.** (2009, October). How a tryst can spice up married life, More.com
14. **Mintz, L.** (2009, September). I'm too tired for sex, More.com
15. **Mintz, L.** (2009, September). Boost your pleasure by practicing mindful sex, More.com
16. **Mintz, L.** (2003, March-April). Minding your P's and J's: A matter of personal style. Commitments, p. 20.
17. **Mintz, L.** (2002, February). The gift of asking, Mid-Missouri Woman, p. 5.
18. **Mintz, L.** (2001, October). The healing power of empathy, Mid-Missouri Woman, p. 6.
19. **Mintz, L.** (2001, September). Girls: Peril and power, Mid-Missouri Woman, p. 20.
20. **Mintz, L.** (2001, August). Facts of life, Mid-Missouri Woman, p. 5.
21. **Mintz, L.** (2001, July). A walk interrupted, Mid-Missouri Woman, p. 12.

22. **Mintz, L.** (2001, June). Unfolded laundry, *Mid-Missouri Woman*, p. 6.
23. **Mintz, L.** (2001, May). Recipe for Support, *Mid-Missouri Woman*, p. 6.
24. **Mintz, L.** (2001, July/August). Ask Dr. Laurie Advice Column, *Single Momz*, 1(3), 7.
25. **Mintz, L.** (2001). The shawl. In J. Canfield, M. Hansen, & D. Elkins (Eds.), *Chicken Soup for the Jewish Soul* (pp. 225-227). Deerfield Beach, FL: Health Communications. Reprinted as Mintz, L. (2008). The Shawl. In J. Canfield, M. Hanson, & A. Newmark (Eds.), *Chicken Soup: Great and Grand: Grandparents and Grandchildren Share Their Stories of Love and Wisdom* (pp. 254-256). [101 Best Stories Series]. New York: Simon & Shuster.
26. **Mintz, L.** (2000, September 28). Studies disproved students' eating disorder assumptions, *Columbia Missourian*, p. 6A.

### **Summary of Appearances in the Media as an Expert Source**

Dr. Mintz has been quoted in the media over 6,000 times. She has been quoted in high circulation magazines, newspapers, and websites such as Huffington Post [readership per month over 43 million], Prevention Magazine [circulation over 3 million], USA Today [circulation over two million], and ABCNews.com [over 7 million viewers per month]. She has appeared or been cited on national television, podcasts, and radio shows (including National Public Radio and CNN Headline News) discussing her research, her books and general psychological issues (e.g., sexuality, relationships, stress, communication, and eating disorders). She has been quoted in newspapers internationally, including but not limited to England, Australia, Indonesia, Ireland, Wales, India, and the United Kingdom.

### ***Awards & Honors***

**50 Distinguished Sexual and Gender Health Revolutionaries:** Award given by The University of Minnesota Medical School's Program in Human Sexuality (PHS), a nationally and internationally renowned leader in sexual and gender health, in order to recognize individuals whose work has had a significant influence on the field of sexual and/or gender health..

**2019 Consumer Book Award for *Becoming Citerate*:** Award given by the Society for Sex Therapy and Research (SSTAR) to recognize the best recent book for consumers (i.e., lay public) that significantly contributes to the understanding of human sexuality and/or sexual problems. The 2019 award covered books published between April 1, 2016 and April 1, 2018.

**Fellow:** American Psychological Association: Fellow status is given to APA members who demonstrate unusual and outstanding contributions in the field of psychology. Fellow status requires that a person's work has had a national impact on the field of psychology beyond a local, state, or regional level.

- Fellow Status in the Society of Counseling Psychology (Division 17), 2006.
- Fellow Status in the Society for the Psychology of Women (Division 35), 2010.

**Outstanding Publication in Counseling Psychology Supervision:** Awarded by the Supervision and Training Section of the APA Division of Counseling Psychology, 2013.

**Outstanding Supervisory Counseling Practitioner:** Awarded by the Supervision and Training Section of the APA Division of Counseling Psychology, 2012.

**The Counseling Psychologist 2010 Outstanding Contribution:** Awarded by the APA Division of Counseling Psychology for the Major Contribution titled, “Counseling Psychology Model Training Values Statement Addressing Diversity” (Mintz, L. B., & Bieschke, K.J., co-editors). Awarded in recognition of the articles unique contribution; anticipated impact on the field of psychology; and impact in addressing major societal problems.

**Graduate Teacher of the Year:** Award presented by the College of Education of the University of Missouri for excellence in graduate teaching and advising. 2004.

**High Flyer Award:** Award presented by the School of Education of the University of Missouri to faculty for recognition of excellence in teaching as demonstrated by high teaching evaluation scores from students. 2002, 2003, 2004, 2005.

**William T. Kemper Fellow for Excellence in Teaching:** Awarded by the Chancellor as the highest teaching honor given at the University of Missouri. 2001.

**Kathryn Hopwood Award:** Award presented by the Ohio State University for outstanding and sustained leadership, commitment, and service to the counseling psychology profession. 2000.

**Purple Chalk Award:** Award presented by the College of Arts and Sciences of the University of Missouri for recognition of excellence in undergraduate teaching. 1992.

**Socrates Award for Excellence in Graduate Teaching and Mentoring:** Award presented by the Dean of the College of Education at the University of Southern California for outstanding contributions to graduate teaching and mentoring. 1988.

**George H. Catlin Prize:** Award presented by the faculty of Union College to the graduating senior in liberal arts with the highest scholastic record and who is deemed most promising for a career in college teaching. 1982.

**Phi Beta Kappa,** National Honor Society.

**Summa cum laude graduate,** Union College.

**Psi Chi,** National Honor Society in Psychology.

**Sigma Xi,** National Honor Society for the Advancement of Scientific Research

## *Editorial Activities*

### **Guest Co-Editor:**

- Major Contribution on Counseling Psychology Training Values Statement, *The Counseling Psychologist* (2009, July).
- Major Contribution on Eating Disorders, *The Counseling Psychologist* (2001, September).

### **Consulting Editor / Editorial Board Member:**

- *Journal of Counseling and Development*, 1988-1995
- *Journal of Counseling Psychology*, 1994-2000
- *The Counseling Psychologist*, 1990-1993

### **Ad Hoc Reviewer**

- *Journal of Personality and Social Psychology*
- *Journal of Social and Clinical Psychology*
- *Psychological Assessment*
- *Psychological Bulletin*
- *Psychology of Women Quarterly*
- *Psychotherapy Assessment*
- *Psychotherapy: Research and Practice*
- *Sex Roles: A Journal of Research*
- *Women and Therapy*
- *Women and Health*

## *Professional and University Service*

### **Council of Counseling Psychology Training Programs (CCPTP)**

Elected Board Member, 2005-2008.

Treasurer, 2005-2008.

Representative to Raising Standards for Diversity in Accreditation Task Force (Joint Task Force with APA Divisions 17 and 45), 2006-2008.

Representative to Student Assessment and Competence Task Force (Joint Task Force with other professional psychology training councils), 2006-2008.

Member, Conference Steering Committee, 2006-2007.

Member, Lifetime Achievement Award Committee, 2006.

### **Society for Counseling Psychology of the American Psychological Association**

Chair, New Professional Award Sub-Committee, Awards and Recognition Committee, 2000.

Chair, Barbara Kirk Award Sub-Committee, Awards and Recognition Committee, 2000.

Member, Awards and Recognition Committee, 1990-1993, 1998-2001.

Member, Committee on Women, 1990-1993.

Member, Education and Training Committee, 1987-1990.

**External Evaluator for Promotion and Tenure**

University of Missouri-Kansas City  
New Mexico State University  
Birmingham Southern College  
Ohio State University  
San Diego State University  
University of Georgia

**University of Florida**

University Service

Member, Ad-Hoc Committee on Campus Helmet Safety, 2011-2012

Department of Psychology

Co-Chair, Assistant Professor in Prevention Science Positions, 2019.  
Associate Chair, 2013 – 2017  
Junior Faculty Tenure Mentoring Committees (N = 2 member, 1 Chair), 2012-present  
Chair, Lecturer Search Committee, November 2012  
Merit Review Committee, March 2013-March 2015.

Counseling Psychology Program

Chair, Ad-Hoc Committee on Student Evaluation Procedures, 2012

**University of Missouri**

University Service

Chair, Ad-Hoc Faculty Council Committee to Revise Academic Grievance Procedure, 2008.  
Ad Hoc Member, Faculty Affairs Committee, Task Force on Grievance Policy Revision, 2008.  
Member, University Grievance Hearing Panel, 1998-2004.  
Member, Campus Institutional Review Board, 1999-2002.  
Member, Search Committee, MU Counseling Center, 1991-1992.

College of Education Service

Ad Hoc Member/Consultant, Non-Tenure Track Faculty Promotion and Tenure Policy Revision Committee, 8/2010-2/2011.

**Educational, School, and Counseling Psychology (ESCP) Department Service**

Chair, Ad Hoc Committee to Revise P&T Policies, 12/2010-2011  
Chair, Student Discrimination Grievance Policy Committee, 9/2010-3/2011  
Listserv Coordinator, 2004-present  
Coordinator, Master's Comprehensive Examinations, 2008-2011  
Member, Program Directors' Committee, 2002-2005  
Member, Curriculum Committee, 2002-2005  
Chair, Ad-Hoc Committee on Listserv Guidelines, 2004  
Member, Master's Admission Committee, 1998-2001, 2004  
Member, Personnel Committee, 1999-2002  
Member, Human Subjects Review Committee, 1998-1999  
Member, Faculty Search Committee, 1996-1997



Counseling Psychology Program

- Co-Chair, Doctoral Admissions Committee, 9/2008-2/2010
- Coordinator, Assistantship Committee, 8/2010-8/2011
- Member, Masters Admissions Committee, 2005-2011
- Member, Community/Agency Track Faculty, 2003-2010
- Member, Doctoral Admissions Committee, 2005, 2009-2011
- Chair, Six Independent Student Probation Committees, 2003, 2005, 2005, 2006, 2006, 2008
- Coordinator of Practicum and Field Placement, 1999-2006
- Chair, Joint Counseling Psychology and Counseling Center Practicum Committee, 1999-2006
- Chair, Practicum Committee, 1995
- Chair, Ad Hoc Practicum Revision Committee, 2006
- Program Director, 2002-2005
- Chair, Doctoral Student Selection Committee for Students Admitted through Psychology, 1994, 1996, 1997
- Member, Practicum Committee, 1992
- Chair, Committee to Affirm and Enhance Diversity, 1992

Department of Psychological Sciences

- Member, Human Subjects Review Committee, 1995-1997
- Departmental Mentor for Gay, Lesbian, and Bisexual Students, 1994-1998
- Member, Chairperson Review Committee, 1992

University of Southern California

- Member, Research and Development Committee, School of Education, 1988-1990
- Member, Human Subjects Review Committee, School of Education, 1987-1990
- Chair, Ad Hoc Committee on Student Fitness, 1987-1990

Courses Taught (\* denotes new course developed)

Undergraduate

- Psychology of Personal Effectiveness
- Psychology of Women\*\*
- Psychology of Human Sexuality\*

Graduate

- Introduction to Counseling
- Career Counseling Theory and Practice
- Seminar in Counseling Supervision
- Issues in Feminist Therapy\*
- Wellness Management for School Personnel\*
- Professional Problems in Research and Practice
- Counseling Psychology Practicum
- Field Placement in Counseling and Supervision\*
- Issues in Sex Therapy\*

**Professional Affiliations**

- American Psychological Association
  - Society of Counseling Psychology (Division 17)
  - Society for the Psychology of Women (Division 35)
- Association for Women in Psychology
- American Association of Sexuality Educators, Counselors, and Therapists
- Society for the Scientific Study of Sexuality
- Society for Sex Therapy and Research
- International Society for the Study of Women's Sexual Health