

Laurie B. Mintz

University Address

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Education, Licensure, & Certification

Licensure	Licensed Psychologist - Missouri and California
Certification	Civil Mediator, State of Missouri and Federal Courts, 2006 Center for Dispute Resolution, School of Law, University of Missouri
Ph.D.	Ohio State University, 1987; Major Field: Psychology Specialization: Counseling Psychology; APA-accredited program
Internship	University of California-Irvine Counseling Center, 1986 Irvine, CA; APA-accredited internship
M.S.	Ohio State University, 1984; Major Field: Psychology Specialization: Counseling Psychology
B.S.	Union College, 1982; Major Field: Psychology Graduated <i>summa cum laude</i>

Professional Positions

Professor: Department Psychology, University of Florida, 10/11-present.

Professor: Department of Educational, School, & Counseling Psychology, University of Missouri, 9/10 - 8/11.

Grievance Resolution Panel Member: Academic Grievance Procedure Pilot II, Appointed by MU Faculty Council in consultation with Chancellor, University of Missouri, 1/09-8/11 (.25 FTE position).

Licensed Psychologist: Center for Family and Individual Counseling (1997-10/11); Solo Practice (1990–1997), Columbia, MO.

Investigating Officer: Academic Grievance Procedure Pilot I, Jointly appointed by Chancellor and Faculty Council, University of Missouri, 11/05-6/09 (.50 FTE position).

Associate Professor with tenure (7/98-8/10); **Program Director**, APA-accredited Counseling Psychology Program (8/02-11/05); **Coordinator**, Practicum and Field Placements (8/99-11/05); Department of Educational, School, & Counseling Psychology, University of Missouri.

Assistant Professor: Department of Psychological Sciences, University of Missouri. 8/90-6/98. (Includes two unpaid maternity leaves during which the tenure clock was stopped: 8/90-8/91 and 1/93-1/94).

Affiliated Faculty: Women's and Gender Studies Department, University of Missouri, 1/93-present.

Assistant Professor: Department of Counseling, University of Southern California. Los Angeles, CA. 9/87-5/90.

Staff Psychologist: University Counseling Center, University of Missouri, Columbia, MO. 8/90-6/93.

Adjunct Staff Psychologist: University Counseling Center, University of Missouri, Columbia, MO. 6/93-present

Psychological Assistant: Fry and Associates, 15707 E. Imperial Hwy., La Mirada, CA, 9/88-6/90.

Practicum Supervisor: Psychology Clinic, Department of Psychology, Ohio State University, Columbus, OH. 9/86 - 6/87.

Support Group Facilitator: National Anorexic Aid Society, Center for the Treatment of Eating Disorders, Columbus, OH. 6/84-6/85.

Assistant Director: Mack-Canfield Residence Hall, Ohio State University, Columbus, OH. 9/82-6/83.

Research and Scholarly Works

Manuscripts and Book Chapters in Preparation or Under Review

1. **Mintz, L.B.**, Balzer, A., Bush, H, & Zhao, Xinting. (under review). Bibliotherapy for Low Sexual Desire Among Women: Evidence for Effectiveness.

2. Balzer, A., & **Mintz, L.** (in preparation). Bibliotherapy for Low Sexual Desire: Further Evidence of Efficacy.
3. Bush, H., Rossy, L., **Mintz, L.**, & Shopp, L. (in preparation). Eat-for-Life: Evidence of Efficacy as a Mindfulness-Based Intuitive-Eating Intervention.
4. Awad, G.H., **Mintz, L. B.**, Stinson, R., Bledman, R., Coker, A., & Kashubeck-West, S. (in preparation). Weighing and body monitoring among women: The normative influence of scale number on psychological state. .
5. Kashubeck-West, S., Coker, A. D., Awad, G., Hix, R., Bledman, R.A., & **Mintz, L. B.** (in preparation). Psychometric evaluation of body image measures in African American women.
6. **Mintz, L. B.**, Franko, D. L., & Kashubeck-West, S. K. (in preparation). *Further validity of the Questionnaire for Eating Disorder Diagnoses.*
7. Awad, G., Bledman, R. A., Coker, A. D., Hix, R., Kashubeck-West, S. & **Mintz, L. B.** (in preparation). *The effect of acculturation on African-American body image.*

Published Articles in Scholarly/Professional Journals (R after the citation indicates Refereed; I indicates Invited)

1. **Mintz, L. B.**, & Bieschke, K. J. (2009). Counseling psychology model training values statement addressing diversity: Development and introduction to the major contribution. *The Counseling Psychologist, 37*, 634-640. **R**
2. **Mintz, L. B.**, Jackson, A. P, Neville, H. A, Illfelder-Kaye, J., Winterowd, C. L., & Loewy, M. (2009). The need for a counseling psychology model training values statement addressing diversity. *The Counseling Psychologist, 37*, 644-675. **R**
3. Winterowd, C. L., Adams, E. M., Miville, M. L., & **Mintz, L. B.** (2009). Operationalizing, instilling, and assessing counseling psychology training values related to diversity in academic programs. *The Counseling Psychologist, 37*, 676-704. **R**
4. Bieschke, K. J. & **Mintz, L. B.** (2009). Addressing concerns and taking on the third rail. *The Counseling Psychologist, 37*, 772-779. **R**
5. Franko, D. L., Cousineau, T. M., Trant, M., Green, T. C., Rancourt, D., Thompson, D., Ainscough, J., **Mintz, L. B.**, & Ciccazzo, M. (2008). Motivation, self-efficacy, physical activity and nutrition in college students: A randomized controlled trial of an Internet-based education program. *Preventive Medicine, 47*, 369-377. **R**

6. Good, G. E., Khairallah, T., & **Mintz, L. B.** (2009). Wellness and impairment: Moving beyond noble us and troubled them. *Journal of Clinical Psychology: Science and Practice*, *16*, 21-23. **R**
7. Kaslow, N. J., Rubin, N. J., Forrest, L., Elman, N. S., Van Horne, B. A; Jacobs, S. C, Huprich, S. K.; Benton, S. A., Pantesco, V. F., Dollinger, S. J., Grus, C. L., Behnke, S. H., Miller, D. S. Shealy, C. N., **Mintz, L. B.**, Schwartz-Mette, R., Van Sickle, K., Thorn, B. E. (2007). Recognizing, assessing, and intervening with problems of professional competence. *Professional Psychology: Research and Practice*, *38*, 479-492. **R**
8. Hamilton, E., **Mintz, L. B.**, & Kashubeck-West, S. K. (2007). Predictors of media effects on body dissatisfaction in European American women. *Sex Roles: A Journal of Research*, *56*, 397-402. **R**
9. Good, G. E., Schopp, L. H., Thomson, D., Hathaway, S., Sanford-Martens, T., Mazurek, M., & **Mintz, L. B.** (2006). Masculine roles and rehabilitation outcomes among men recovering from serious injuries. *Psychology of Men and Masculinity*, *7*, 165-176. **R**
10. Frazier, C., **Mintz, L. B.**, & Mobley, M. (2005). A multidimensional look at religious involvement and psychological well being among African American college students. *Journal of Counseling Psychology*, *52*, 583-590. **R**
11. Kashubeck-West, S. K., & **Mintz, L. B.** (2005). Separating the effects of gender and weight loss desire on body satisfaction and disordered eating behavior. *Sex Roles*, *53*, 505-518. **R**
12. Franko, D., **Mintz, L. B.**, Villapiano, M., Green, T, Mainelli, D., Folensbee, L., Butler, S., Davidson, M., Hamilton, E., Little, D., Kearns, M., & Budman, S. (2005). Food, mood, and attitude: Reducing risk for eating disorders in college women. *Health Psychology*, *24*, 567-578. **R**
13. **Mintz, L. B.**, & Kashubeck, S. (2004). Trastornos de la conducta alimentaria en mujeres: Evaluación y Cuestiones del Autoinforme Cultural. *Psicología Conductual*, *12* (3), 385-414. [Translated Title: Eating disordered behavior in women: Transcultural self-report assessment and issues]. **I**
14. Jackson, B., Cooper, M. L., **Mintz, L. B.**, & Albino, A. (2003). Motivations to eat: Scale development and validation. *Journal of Research in Personality*, *37*, 297-318. **R**
15. Share, T., & **Mintz, L. B.** (2002). Eating disorders and body-image among lesbian and heterosexual women. *Journal of Homosexuality*, *42*, 89-106. **R**
16. Kashubeck-West, S., **Mintz, L. B.**, & Saunders, K. (2001). Assessment of eating disorders among women. *The Counseling Psychologist*, *29*, 662-694. **R**

17. Kashubeck-West, S., & **Mintz, L. B.** (2001). Eating disorders in women: Etiology, assessment, and treatment. *The Counseling Psychologist, 29*, 627-634. **R**
18. Mulholland, A. M., & **Mintz, L. B.** (2001). Prevalence of eating disorders among African American women. *Journal of Counseling Psychology, 48*, 111-116. **R**
19. Good, G. E., & **Mintz, L. B.** (2000). Gender and sex in counseling and psychotherapy. *Sex Roles: A Journal of Research, 43*, 419-421. **R**
20. **Mintz, L. B.**, & O'Halloran, S. E. (2000). The Eating Attitudes Test: Validation with DSM-IV eating disorder criteria. *Journal of Personality Assessment, 74*, 489-503. **R**
21. **Mintz, L. B.**, & Kashubeck, S. K. (1999). Body-image and disordered eating among Asian American and Caucasian college students. *Psychology of Women Quarterly, 23*, 781-796. **R**
22. **Mintz, L. B.** (1999). The healing power of children's metaphors. *Voices: The Art and Science of Psychotherapy, 35*, 35-39. **R**
23. Hanson, K. M., & **Mintz, L. B.** (1997). Psychological health and problem-solving self-appraisal in older adults. *Journal of Counseling Psychology, 44*, 433-441. **R**
24. Brock, K. J., **Mintz, L. B.**, & Good, G. E. (1997). Differences among sexually abused and nonabused women from functional and dysfunctional families. *Journal of Counseling Psychology, 44*, 425-432. **R**
25. **Mintz, L. B.**, O'Halloran, S. M., Mulholland, A. M., & Schneider, P. A. (1997). Questionnaire for Eating Disorder Diagnoses: Reliability and validity of operationalizing DSM-IV criteria into a self-report format. *Journal of Counseling Psychology, 44*, 63-79. **R**
26. Stout, M. L., & **Mintz, L. B.** (1996). Differences among nonclinical college women with alcoholic mothers, alcoholic fathers, and nonalcoholic parents. *Journal of Counseling Psychology, 43*, 466-472. **R**
27. Thelen, M. H., **Mintz, L. B.**, & Vander Wal, J. S. (1996). The Bulimia Test-Revised: Validation with DSM-IV criteria for bulimia nervosa. *Psychological Assessment, 8*, 219-221. **R**
28. Kashubeck, S., & **Mintz, L. B.** (1996). Eating disorder symptomatology and substance use in college females. *Journal of College Student Development, 37*, 396-404. **R**

29. **Mintz, L. B.**, Bartles, K. M., & Rideout, C. A. (1995). Training in counseling ethnic minorities and race-based availability of graduate school resources. *Professional Psychology: Research and Practice*, *26*, 316-321. **R**
30. **Mintz, L. B.**, Kashubeck, S., & Tracy, L. S. (1995). Relations among parental alcoholism, eating disorders, and substance abuse in nonclinical college women: Additional evidence against the uniformity myth. *Journal of Counseling Psychology*, *42*, 65-70. **R**
31. Betz, N. E., **Mintz, L. B.**, & Speakmon, G. (1994). Gender differences in the accuracy of self-reported weight. *Sex Roles: A Journal of Research*, *30*, 543-551. **R**
32. **Mintz, L. B.**, Rideout, C. A., & Bartles, K. M. (1994). A national survey of interns' perceptions of their preparation for counseling women and of the atmosphere of their graduate education. *Professional Psychology: Research and Practice*, *25*, 221-227. **R**
33. Good, G. E., & **Mintz, L. B.** (1993). Toward healthy conceptions of masculinity: Clarifying the issues. *Journal of Mental Health Counseling*, *15*, 403-413. **R**
34. Mintz, L. B. (1993). What makes me not "new"? A reaction to Staab. *The Counseling Psychologist*, *21*, 316-319. **R**
35. **Mintz, L. B.** (1992). Assistant professor: Paranoid or self-preserving? *The Counseling Psychologist*, *20*, 39-46. **R**
36. Good, G. E., & **Mintz, L. B.** (1990). Gender role conflict and depression in college men: Evidence for compounded risk. *Journal of Counseling and Development*, *69*, 17-21. **R**
37. **Mintz, L. B.**, & O'Neil, J. M. (1990). Gender roles, sex, and the process of psychotherapy: Many questions and few answers. *Journal of Counseling and Development*, *68*, 381-387. **R**
38. Good, G. E., Dell, D. M., & **Mintz, L. B.** (1989). Male role and gender role conflict: Relations to help seeking in men. *Journal of Counseling Psychology*, *36*, 295-300. **R**
39. **Mintz, L. B.**, & Betz, N. E. (1988). Prevalence and correlates of eating disordered behaviors among undergraduate women. *Journal of Counseling Psychology*, *35*, 463-471. **R**
40. McCaulay, M. C., **Mintz, L. B.**, & Glenn, A. G. (1988). Body image, self-esteem, and depression-proneness: Closing the gender gap. *Sex Roles: A Journal of Research*, *18*, 381-391. **R**
41. **Mintz, L. B.**, & Betz, N. E. (1986). Sex differences in the nature, realism, and correlates of body image. *Sex Roles: A Journal of Research*, *15*, 185-195. **R**

Book Chapters

1. **Mintz, L. B.,** & Tager, D. (in press). Feminist therapy with boys and men. In C. Zerbe Ennes & E. Nutt Williams (Eds.) *The Oxford handbook of multicultural feminist counseling psychology*. New York: Oxford University Press.
2. **Mintz, L. B.** (2010). Going beyond boundaries: A five-minute call provokes palpable and profound change. In M. Trotter, J. Koch, S. Sanger, & T. Skovholt (Eds.) *Voices from the field: Defining moments in counselor development*. New York: Routledge.
3. **Mintz, L. B.,** Hamilton, E., Bledman, R., & Franko, D. (2008). Preventing eating and weight-related disorders: Towards an integrated best practices approach. In R. Brown & S. Lent (Eds.), *Handbook of Counseling Psychology, 4th ed.* (pp. 570- 587). Hoboken, N.J.: Wiley.
4. McCloskey, C. M., & **Mintz, L. B.** (2006). A culturally-oriented approach for career counseling with Native American women. In M. Heppner & W. Walsh (Eds.), *Career counseling for women, 2nd ed.* (pp. 315-350). Hillsdale, NJ: L. Erlbaum.
5. Good, G. E., & **Mintz, L. B.** (2001). Integrative therapy for men. In G. Brooks & G. Good (Eds.), *The new handbook of psychotherapy and counseling with men: A comprehensive guide to settings, problems, and treatment approaches (Volume II)* (pp. 582-602). San Francisco: Jossey-Bass.

 Republished in: Good, G. E., & **Mintz, L. B.** (2005). Integrative therapy for men. In G. Good & G. Brooks (Eds.), *The new handbook of psychotherapy and counseling with men: A comprehensive guide to settings, problems, and treatment approaches, (Revised & abridged ed.)* (pp. 248-263). San Francisco: Jossey-Bass.
6. **Mintz, L. B.,** & Wright, D. M. (1992). Women and their bodies: Eating disorders and addictions. In E. Cook (Ed.), *Women, relationships, and power: Implications for counseling* (pp. 211-246). Alexandria, VA: American Counseling Association.

Presentations

1. **Mintz, L.B.** (2010, August). *Low sexual desire: Causes and treatments*. Presentation given at the Women's Health Symposium, sponsored by the MU School of Medicine, Continuing Medical Education, Lake Ozark, MO.
2. **Mintz, L.B.,** Balzer, A., & Bush, H. (2010, June). *Bibliotherapy for low sexual desire among women: Evidence for effectiveness*. Poster presented at the 2010 Annual AASECT Convention, Philadelphia, PA.

3. **Mintz, L.**, Balzer, A., & Bush, H. (2010, August) *Bibliotherapy for low sexual desire among women: Evidence for effectiveness*. Poster presented at the 2010 Annual APA Convention, San Diego, CA.
4. Balzer, A., Bush, H., Vassmer, S., **Mintz, L.**, & Atkinson, M. (2009, June). Sexual behaviors and satisfaction *among college women*. Poster presentation at Missouri Psychological Association. Lake Ozark, MO.
5. **Mintz, L. B.**, Awad, G. H., Hix, R., Bledman, R. A., Coker, A. D., & Kashubeck-West, S. (2008, August). *Weighing and body-monitoring behaviors among women and their psychological impacts*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
6. Awad, G., Bledman, R. A., Coker, A. D., Hix, R., Kashubeck-West, S. & **Mintz, L. B.** (2008, August). *The effect of acculturation on African-American body image*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
7. Kashubeck-West, S., Coker, A. D., Awad, G., Hix, R., Bledman, R.A., & **Mintz, L. B.** (2008, August). *Psychometric evaluation of body image measures in African American women*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
8. **Mintz, L. B.**, & Bieschke, K. (Chairs). (2008, March). *Counseling psychology model training values statement addressing diversity*. Invited symposium conducted at the International Counseling Psychology Conference, Chicago, IL.
9. Jackson, A., **Mintz, L. B.**, & Neville, H. A. (2008, March). The need for a counseling psychology model training values statement addressing diversity. In L. Mintz and K. Bieschke (Chairs), *Counseling psychology model training values statement addressing diversity*. Symposium conducted at the International Counseling Psychology Conference, Chicago, IL.
10. **Mintz, L. B.**, & Bieschke, K. (2008, March). Discussants in E. Adams (Chair), *Voices in the wilderness: Religious, gay-affirming counseling psychologists*. Symposium conducted at the International Counseling Psychology Conference, Chicago, IL.
11. Tagger, L., **Mintz, L. B.**, & Kashubekck-West, S. K. (2008, March). *Eating disorders NOS: The nature and treatment*. Invited continuing education workshop conducted at the International Counseling Psychology Conference, Chicago, IL.
12. **Mintz, L. B.** (2006, August). Facilitating the development of counselors-of-color as a White practicum instructor. In R. Rosales (Chair), *Culture, ethnic identity and racial/ethnic counselors in training*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.

13. **Mintz, L. B.** (2005, August). Discussant in D. Espelage (Chair), *Eating disorders among female college students: Applications of innovative research methodologies*. Symposium conducted at the 113th Annual Convention of the American Psychological Association, Washington, D.C.
14. Hamilton, E., & **Mintz, L. B.** (2004, July). *Objectified body consciousness as a predictor of media effects*. Poster presented at the 112th Annual Convention of the American Psychological Association, Honolulu of the American Psychological Association, Honolulu, HI.
15. McCloskey, C., & **Mintz, L. B.** (2004, July). *A culturally oriented approach for career counseling with Native American women*. Poster presented at the 112th Annual Convention of the American Psychological Association, Honolulu, HI.
16. Green, T. C., Mainelli, D., Folsensbee, L., Butler, S. F., Villapiano, M., Franko, D., & **Mintz, L. B.** (2004, November). *Efficacy of a multimedia prevention education program for reducing risk for eating disorders in college women*. Paper presented at the 132nd annual meeting of the American Public Health Association, Washington, D.C.
17. Franko, D., **Mintz, L. B.**, Villapiano, M., Green, T. C., Mainelli, D., Folsensbee, L., Butler, S. F., Davidson, M., Hamilton, E., Little, D., Budman, S. H. (2003, October). *Effectiveness of a multimedia program for preventing eating disorders*. Poster presented at the annual meeting of the Eating Disorders Research Society, Ravello, Italy.
18. Villapiano, M., Franko, D., Cousineau, T., Goldstein, M., Folsensbee, L., Rosenthal, E., Mainelli, D., & **Mintz, L. B.** (2003, March). *Innovations in eating disorder prevention: How multimedia tools can enhance your clinical work*. Paper presented at the Massachusetts Eating Disorder Association, 8th National Conference, Brandeis University, Waltham, MA.
19. Jackson, B., Cooper, M. L., Albino, A., **Mintz, L. B.** (2000, October). *Motives for Eating: Scale development and validation*. Paper presented at the American Psychological Association Women's Health Conference, Washington, D.C.
20. Enns, C., & **Mintz, L. B.** (2000, August). *Ask the experts: Advancing the careers of women in academia*. Paper presented at the Annual Convention of the American Psychological Association, Washington, D.C.
21. Frazier, C., & **Mintz, L. B.** (2000, August). *Religious involvement and psychological well-being among elderly African-Americans*. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.

22. Share, T., & **Mintz, L. B.** (2000, August). *Differences between lesbians and heterosexual women in body-related attitudes*. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.
23. Gormley, G., Simon, G., Boyer, M., & **Mintz, L. B.** (2000, March). *Ethical practice: The role of self-care in maintaining balance*. Paper presented at the annual meeting of the Association of Women in Psychology, Salt Lake City, UT.
24. **Mintz, L. B.** (1999, November). *Dealing with difficult people*. Presentation given at the annual Midwest Perioperative Nursing Conference, Columbia, MO.
25. **Mintz, L. B.** (1999, October). *Dealing effectively with the challenging student/employee*. Presentation given at the annual Midwest Regional Nursing Education Conference, Columbia, MO.
26. **Mintz, L. B.** (1999, August). *Seeking tenure: Skills and strategies*. Invited skill development workshop presented at the Annual Convention of the American Psychological Association, Boston, MA.
27. **Mintz, L. B.** (1999, May). *Dealing with difficult people*. Presentation given at the 2nd annual meeting of Office and Clinic Nurses, Columbia, MO.
28. **Mintz, L. B.** (1999, March). *Women's body-image*. Keynote address given for Women's History Month Celebration, Westminster College, Fulton, MO.
29. **Mintz, L. B.** (1998, November). *Assessment and prevention of disordered eating*. Invited colloquium, Department of Psychology, Texas Tech University, Lubbock, TX.
30. Goodyear, R. K., Smart, R., Allison, R. D., & **Mintz, L. B.** (1998, August). *Bulimic behaviors and weight concerns: Black, Anglo, and Latina adolescents*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
31. **Mintz, L. B.**, & Fassinger, R. E. (1997, August). Feminist tales of the 1980s. In R. Nutt (Chair), *Many faces of feminist psychology*. Symposium conducted at the Annual Convention of the American Psychological Association, Chicago, IL.
32. **Mintz, L. B.** (1997, August). Having it all: Myth or reality for women in academe? In M. B. Buckman (Chair), *Looking ahead - Career planning*. Symposium conducted at the Annual Convention of the American Psychological Association, Chicago, IL.
33. **Mintz, L. B.**, & O'Halloran, S. (1997, August). *The validity of the Eating Attitudes Test for DSM-IV eating disorders*. Poster presented at the Annual Convention of the American Psychological Association, Chicago, IL.

34. Kashubeck, S. K., & **Mintz, L. B.** (1997, August). *Gender and body-image in people wanting to lose weight*. Poster presented at the Annual Convention of the American Psychological Association, Chicago, IL.
35. Kashubeck, S. K., & **Mintz, L. B.** (1997, August). *Body-image and disordered eating among Asian American and Caucasian college students*. Poster presented at the Annual Convention of the American Psychological Association, Chicago, IL.
36. O'Halleron, S. M., & **Mintz, L. B.** (1997, August). *The Questionnaire for Eating Disorder Diagnoses: An inventory for diagnosing eating disorders*. Poster presented at the meeting of the 5th European Congress of Psychology, Dublin, Ireland.
37. Vander Wal, J., Thelen, M. H., & **Mintz, L. B.** (1996, August). *The Bulimia Test-Revised: Validation with DSM-IV criteria for bulimia nervosa*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
38. **Mintz, L. B.**, O'Halleron, S. M., & Mulholland, A. (1996, August). *The Weight-Management Questionnaire-IV: A DSM-IV eating disorder continuum questionnaire*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
39. Kashubeck, S. K., **Mintz, L. B.**, & Tracy, L. S. (1993, August). *Parental alcoholism, substance abuse, and eating disorders in college females*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
40. **Mintz, L. B.**, & Kashubeck, S. (1992, February). *Issues in feminist therapy for eating disordered clients with a history of sexual abuse*. Paper presented at the annual meeting of the Association for Women in Psychology, Long Beach, CA.
41. **Mintz, L. B.**, (1991, August). Discussant in L. Kramer (Chair), *The scientist-practitioner model and graduate school: Different for women and men?* Symposium conducted at the Annual Convention of the American Psychological Association, San Francisco, CA.
42. **Mintz, L. B.**, & Farmer, H. (1989, August). Careers in academia. In S. Gyorky (Chair), *Up the ladder: Career advancement for women in counseling psychology*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.
43. **Mintz, L. B.** (1989, August). Nonspecific eating disorders in two universities: Evidence for an epidemic. In L. Mintz (Chair), *Eating disorders: Clinically defined pathology as empirically normative behavior*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.

44. **Mintz, L. B.** (Chair). (1989, August). *Eating disorders: Clinically defined pathology as empirically normative behavior*. Symposium conducted at the Annual Convention of the American Psychological Association, New Orleans, LA.
45. **Mintz, L. B.**, & Rideout, C. R. (1989, August). *Counseling women: What are students being taught?* Paper presented at the Annual Convention of the American Psychological Association, New Orleans, LA.
46. Good, G., Dell, D., & **Mintz, L. B.** (1988, August). Gender role conflict and help-seeking in men. In J. O'Neil & G. Good (Co-Chairs), *Men's gender role conflict: Definitions, case study, and three empirical studies*. Symposium conducted at the Annual Convention of the American Psychological Association, Atlanta, GA.
47. **Mintz, L. B.** (1988, August). Assistant professor: Paranoid or self-preserving? In E. Watkins (Chair), *New professionals in counseling psychology: The first years out*. Symposium conducted at the Annual Convention of the American Psychological Association, Atlanta, GA.
48. Good, G., **Mintz, L. B.**, & Pollard, J. (1988, April). *Counseling men: Unlocking the white knight's armor*. Paper presented at the annual meeting of the American College Personnel Association, Miami, FL.
49. **Mintz, L. B.** (1988, February). Eating disorders, body-image and sex roles: Three studies. In L. Mintz (Chair), *Research on gender issues in college students: Integration and implementation*. Symposium conducted at the meeting of the California State Psychological Association, Coronado, CA.
50. **Mintz, L. B.** (Chair). (1988, February). *Research on gender issues in college students: Integration and implementation*. Symposium conducted at the meeting of the California State Psychological Association, Coronado, CA.
51. Bander, R., Kantorowski, L., & **Mintz, L. B.** (1988, January). *Implementing Division 17's principles for counseling women*. Paper presented at the meeting of the Counseling Psychology Far West Region, Los Angeles, CA.
52. Good, G., & **Mintz, L. B.** (1987, November). *Gender issues: Sensitizing students via supervision and coursework*. Paper presented at the annual meeting of the Western Association for Counselor Education and Supervision, Portland, OR.
53. **Mintz, L. B.**, & Good, G. (1987, November). *Experiential coursework in counseling supervision: Ethical issues*. Paper presented at the annual meeting of the Western Association for Counselor Education and Supervision, Portland, OR.

54. **Mintz, L. B.**, (1987, August). *Body-image and self-esteem: Are eating disordered women normative?* Paper presented at the Annual Convention of the American Psychological Association, New York.
55. Pats, B., **Mintz, L. B.**, & Davis, F. (1987, March). *Jewish identity development in women.* Paper presented at the annual meeting of the Association for Women in Psychology, Denver, CO.
56. **Mintz, L. B.**, Davis, F., & Pats, B. (1987, March). *Working with eating disordered clients: Therapist and supervisor issues.* Paper presented at the annual meeting of the Association for Women in Psychology, Denver, CO.
57. **Mintz, L. B.**, & Koepping, G. R. (1987, March). *Improving women's body image: No small task.* Paper presented at the annual meeting of the American College Personnel Association and National Association of Student Personnel Administrators, Chicago, IL.
58. **Mintz, L. B.**, Good, G., & Rowe, D. (1987, March). *Relationships and intimacy: Helping college students through a complex developmental task.* Paper presented at the annual meeting of the American College Personnel Association and National Association of Student Personnel Administrators, Chicago, IL.
59. Koepping, G. R., & **Mintz, L. B.** (1986, March). *Formation and facilitation of incest survivor support groups in a university counseling center.* Paper presented at the annual meeting of the Association for Women in Psychology, Oakland, CA.
60. Good, G., **Mintz, L. B.**, & Koepping, G. R. (1986, March). *Reducing rape: A workshop for intervening with women and men, separately and together.* Paper presented at the annual meeting of the Association for Women in Psychology, Oakland, CA.
61. **Mintz, L. B.**, & Koepping, G. R. (1986, March). *Compulsive overeating, body-image, and women: An intensive weekend healing retreat.* Paper presented at the annual meeting of the Association for Women in Psychology, Oakland, CA.
62. **Mintz, L. B.** (1985, October). *Working with eating disordered clients in a university setting.* Paper presented at the meeting of the Organization of Counseling Center Directors in Higher Education, Bakersfield, CA.
63. **Mintz, L. B.**, McCauley, M., & Glenn, A. (1985, August). *Body-image, self-esteem, sex-role ideology, and depression-proneness in female and male college students: Implications for clinical and community work.* Paper presented at the annual meeting of the National Women's Studies Association Conference, Seattle, WA.

Grant Activities

1. **Principal Investigator:** PI on a grant subcontract from Innovative Training Systems titled *Efficacy of a College Nutrition Website* funded by the National Institute of Health. Subcontract funded for \$7,050 from 8/1/05-7/31/06.
2. **Co-Principle Investigator:** Co-PI on grant titled *Evaluation of a Nutritional Health Information CD-ROM for College Women* funded by the National Institute of Health for \$978,734 from 9/1/00-8/30/02.
3. **Principal Investigator:** PI on a grant subcontract from Innovative Training Systems titled *Evaluation of a Nutritional Health Information CD-ROM for College Women* funded by the National Institute of Health. Subcontract was funded for \$94,561 from 6/1/01-8/30/02.
4. **Principle Investigator:** PI on grant titled *Further Validation of an Eating Disorder Inventory* awarded by the University of Missouri Research Board for \$38,076 on 7/1/96.
5. **Co-Principal Investigator:** Co-PI on grant proposal titled *Disordered Eating in Active-duty Navy Women: Prevalence and Relations to Weight and Fitness Standards* submitted to the U.S. Department of Defense Women's Health Research Program for \$179,876. This proposal received a priority score indicating strong support, but was unfunded. 10/96.
6. **Principal Investigator:** PI on a grant titled *The Weight Management Questionnaire: Validation of an eating disorder inventory* from the University of Missouri Research Council for \$2,450 awarded on 5/1/94.
7. **Principal Investigator:** PI on a grant titled *Quantitative and qualitative differences in patients' perceptions of the psychotherapeutic change process when in treatment with expert versus novice therapists* awarded by the University of Missouri Research Council for \$2,200 awarded on 5/1/94.
8. **Principal Investigator:** PI on a grant titled *Quantitative and Qualitative Differences in Patients' Perceptions of the Psychotherapeutic Change Process when in Treatment with Expert Versus Novice Therapists* from the Summer Research Fellowship of the University of Missouri for \$4,000 from 5/10/94-8/17/94.
9. **Principal Investigator:** PI on a grant titled *Principles Concerning Counseling of Women: Is Counselor Education Adequate?* from the Educare Research Council of the University of Southern California for \$1,500 awarded on 4/30/88.
10. **Consultant:** Consultant to grant titled *Development of a Nutritional Health Information CD-ROM for College Women* funded by the National Institute of Health, Principal Investigators S. Budman & S. Butler, 4/28/99-5/1/00.

Popular Press Publications and Appearances

Book

Mintz, L. B. (2009). *A tired woman's guide to passionate sex*. Avon, MA: Adams.

Blog

Mintz, L. (2010, June-present). Stress and sex: Helping women decrease stress and enhance desire. *PsychologyToday.com*. [Over 52,000 hits to date].

Essays in the Popular Press

1. **Mintz, L.** (2011, March). Trysts: Just do it, *Adams Media.com*
2. **Mintz, L.** (2011, March). How to tell your husband he's bad in bed. *Galttime.com*
3. **Mintz, L.** (2011, January). Guest Post: A tired woman's guide to passionate sex. *Ciomom.com*
4. **Mintz, L.** (2010, December). A tired mom's guide to passionate sex: Six sexy guidelines to try today! *Mampedia.com*
5. **Mintz, L.** (2010, November). Tired moms CAN have passionate sex, *CafeMom.com*.
6. **Mintz, L.** (2010, January). Making time for love, *Essence.com*
7. **Mintz, L.** (2009, October). How a tryst can spice up married life, *More.com*
8. **Mintz, L.** (2009, September). I'm too tired for sex, *More.com*
9. **Mintz, L.** (2009, September). Boost your pleasure by practicing mindful sex, *More.com*
10. **Mintz, L.** (2003, March-April). Minding your P's and J's: A matter of personal style. *Commitments*, p. 20.
11. **Mintz, L.** (2002, February). The gift of asking, *Mid-Missouri Woman*, p. 5.
12. **Mintz, L.** (2001, October). The healing power of empathy, *Mid-Missouri Woman*, p. 6.
13. **Mintz, L.** (2001, September). Girls: Peril and power, *Mid-Missouri Woman*, p. 20.
14. **Mintz, L.** (2001, August). Facts of life, *Mid-Missouri Woman*, p. 5.
15. **Mintz, L.** (2001, July). A walk interrupted, *Mid-Missouri Woman*, p. 12.
16. **Mintz, L.** (2001, June). Unfolded laundry, *Mid-Missouri Woman*, p. 6.
17. **Mintz, L.** (2001, May). Recipe for Support, *Mid-Missouri Woman*, p. 6.

18. **Mintz, L.** (2001, July/August). Ask Dr. Laurie Advice Column, *Single Momz*, 1(3), 7.
19. **Mintz, L.** (2001). The shawl. In J. Canfield, M. Hansen, & D. Elkins (Eds.), *Chicken Soup for the Jewish Soul* (pp. 225-227). Deerfield Beach, FL: Health Communications.
20. **Mintz, L.** (2000, September 28). Studies disproved students' eating disorder assumptions, *Columbia Missourian*, p. 6A.

Summary of Appearances in the Media as an Expert Source

Dr. Mintz has been quoted in the media over 1,000 times. She has been quoted in high circulation magazines, newspapers, and websites such as *Prevention Magazine* [circulation over 3 million], *USA Today* [circulation over two million], and ABCNews.com [over 7 million viewers per month]. She has appeared or been cited on national television and radio shows (including *National Public Radio* and *CNN Headline News*) discussing her research in specific and psychological issues (e.g., sexuality, relationships, stress, communication, and eating disorders) in general. She has been quoted in newspapers internationally, including in England, Australia, Ireland, Wales, India, and the United Kingdom.

Awards & Honors

Fellow: American Psychological Association: Fellow status is given to APA members who demonstrate *unusual and outstanding contributions in the field of psychology*. Fellow status requires that a person's work has had a national impact on the field of psychology beyond a local, state, or regional level.

- Fellow Status in the Society of Counseling Psychology (Division 17), 2006.
- Fellow Status in the Society for the Psychology of Women (Division 35), 2010.

The Counseling Psychologist 2010 Outstanding Contribution Award: Awarded by the APA Division of Counseling Psychology for the Major Contribution titled, "Counseling Psychology Model Training Values Statement Addressing Diversity" (Mintz, L. B., & Bieschke, K.J., co-editors). Awarded in recognition of the articles unique contribution; anticipated impact on the field of psychology; and impact in addressing major societal problems.

Graduate Teacher of the Year: Award presented by the College of Education of the University of Missouri for *excellence in graduate teaching and advising*. 2004.

High Flyer Award: Award presented by the School of Education of the University of Missouri to faculty for *recognition of excellence in teaching as demonstrated by high teaching evaluation scores from students*. 2002, 2003, 2004, 2005.

William T. Kemper Fellow for Excellence in Teaching: Awarded by the Chancellor as the *highest teaching honor given at the University of Missouri*. 2001.

Kathryn Hopwood Award: Award presented by the Ohio State University *for outstanding and sustained leadership, commitment, and service to the counseling psychology profession*. 2000.

Purple Chalk Award: Award presented by the College of Arts and Sciences of the University of Missouri for *recognition of excellence in undergraduate teaching*. 1992.

Socrates Award for Excellence in Graduate Teaching and Mentoring: Award presented by the Dean of the College of Education at the University of Southern California *for outstanding contributions to graduate teaching and mentoring*. 1988.

George H. Catlin Prize: Award presented by the faculty of Union College to the *graduating senior in liberal arts with the highest scholastic record and who is deemed most promising for a career in college teaching*. 1982.

Phi Beta Kappa, National Honor Society.

Summa cum laude graduate, Union College.

Psi Chi, National Honor Society in Psychology.

Sigma Xi, National Honor Society for the Advancement of Scientific Research.

Editorial Activities

Guest Co-Editor: Major Contribution on Counseling Psychology Training Values Statement, *The Counseling Psychologist* (2009, July).

Guest Co-Editor: Major Contribution on Eating Disorders, *The Counseling Psychologist* (2001, September).

Consulting Editor / Editorial Board Member:

- *Journal of Counseling and Development*, 1988-1995
- *Journal of Counseling Psychology*, 1994-2000
- *The Counseling Psychologist*, 1990-1993

Ad Hoc Reviewer

- *Journal of Personality and Social Psychology*
- *Journal of Social and Clinical Psychology*
- *Psychological Assessment*

- *Psychological Bulletin*
- *Psychology of Women Quarterly*
- *Psychotherapy Assessment*
- *Psychotherapy: Research and Practice*
- *Sex Roles: A Journal of Research*
- *Women and Therapy*
- *Women and Health*

Professional and University Service

Council of Counseling Psychology Training Programs (CCPTP)

Elected Board Member, 2005-2008.

Treasurer, 2005-2008.

Representative to *Raising Standards for Diversity in Accreditation Task Force* (Joint Task Force with APA Divisions 17 and 45), 2006-2008.

Representative to *Student Assessment and Competence Task Force* (Joint Task Force with other professional psychology training councils), 2006-2008.

Member, Conference Steering Committee, 2006-2007.

Member, Lifetime Achievement Award Committee, 2006.

Society for Counseling Psychology of the American Psychological Association

Chair, New Professional Award Sub-Committee, Awards and Recognition Committee, 2000.

Chair, Barbara Kirk Award Sub-Committee, Awards and Recognition Committee, 2000.

Member, Awards and Recognition Committee, 1990-1993, 1998-2001.

Member, Committee on Women, 1990-1993.

Member, Education and Training Committee, 1987-1990.

External Evaluator for Promotion and Tenure

University of Missouri-Kansas City

University of Missouri

University Service

Chair, Ad-Hoc Faculty Council Committee to Revise Academic Grievance Procedure, 2008.

Ad Hoc Member, Faculty Affairs Committee, Task Force on Grievance Policy Revision, 2008.

Member, University Grievance Hearing Panel, 1998-2004.

Member, Campus Institutional Review Board, 1999-2002.

Member, Search Committee, MU Counseling Center, 1991-1992.

College of Education

Ad Hoc Member/Consultant, Non-Tenure Track Faculty Promotion and Tenure Policy Revision Committee, 8/10-2/11.

Educational, School, and Counseling Psychology (ESCP) Department Service

Chair, Ad Hoc Committee to Revise P&T Policies, 12/10-present

Chair, Student Discrimination Grievance Policy Committee, 9/10-3/11

Listserv Coordinator, 2004-present

Coordinator, Master's Comprehensive Examinations, 2008-present

Member, Program Directors' Committee, 2002-2005

Member, Curriculum Committee, 2002-2005

Chair, Ad-Hoc Committee on Listserv Guidelines, 2004

Member, Master's Admission Committee, 1998-2001, 2004

Member, Personnel Committee, 1999-2002

Member, Human Subjects Review Committee, 1998-1999

Member, Faculty Search Committee, 1996-1997

Counseling Psychology Program

Co-Chair, Doctoral Admissions Committee, 9/08-2/10

Coordinator, Assistantship Committee, 8/10-8/11

Member, Masters Admissions Committee, 2005-present

Member, Community/Agency Track Faculty, 2003-2010

Member, Doctoral Admissions Committee, 2005, 2009-present

Chair, Six Independent Student Probation Committees, 2003, 2005, 2005, 2006, 2006, 2008

Coordinator of Practicum and Field Placement, 1999-2006

Chair, Joint Counseling Psychology and Counseling Center Practicum Committee, 1999-2006

Chair, Practicum Committee, 1995

Chair, Ad Hoc Practicum Revision Committee, 2006

Program Director, 2002-2005

Chair, Doctoral Student Selection Committee for Students Admitted through Psychology, 1994, 1996, 1997

Member, Practicum Committee, 1992

Chair, Committee to Affirm and Enhance Diversity, 1992

Department of Psychological Sciences

Member, Human Subjects Review Committee, 1995-1997

Departmental Mentor for Gay, Lesbian, and Bisexual Students, 1994-1998

Member, Chairperson Review Committee, 1992

University of Southern California

Member: Research and Development Committee, School of Education, 1988-1990

Member: Human Subjects Review Committee, School of Education, 1987-1990

Chair, Ad Hoc Committee on Student Fitness, 1987-1990

Courses Taught (**denotes new courses developed at MU; +denotes course taught at University of Southern California)

Undergraduate

Psychology of Personal Effectiveness⁺

Psychology of Women**

Graduate

Introduction to Counseling⁺

Career Counseling Theory and Practice⁺

Seminar in Counseling Supervision

Issues in Feminist Therapy**

Wellness Management for School Personnel**

Professional Problems in Research and Practice

Counseling Psychology Practicum

Field Placement in Counseling and Supervision**

Issues in Sex Therapy**

Professional Affiliations

American Psychological Association

Society of Counseling Psychology (Division 17)

Society for the Psychology of Women (Division 35)

Media Psychology (Division 46)

Association for Women in Psychology

Council of Counseling Psychology Training Programs

American Association of Sexuality Educators, Counselors, and Therapists

Society for the Scientific Study of Sexuality